



# The cytotoxic and apoptotic activity of *Costus speciosus* (Koenig) Smith (Costaceae) leaves against MCF-7 and HeLa cells

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## ABSTRACT

**Introduction:** *Costus cuspidatus* and *Costus subsessilis* have shown cytotoxic effects in HL60, Jurkat, and THP-1 cells. This study aimed to evaluate the cytotoxicity and apoptotic activity of the ethanol extract and fractions of *C. speciosus* leaves against MCF-7 and HeLa cells and to study the binding affinity of known phytoconstituents in *C. speciosus* toward caspase-3.

**Methods:** The leaves were extracted with 96% ethanol for 72 hours. The extract was further subjected to a liquid-liquid fractionation by employing water, n-hexane, and ethyl acetate solvents. The cytotoxicity of the ethanol extract (CSEE), as well as water (CSWF), n-hexane (CSHF), and ethyl acetate (CSEF) fractions on MCF-7 and HeLa cells was carried out using the CCK-8/WST-8 reagent, followed by flow cytometry analysis to obtain the apoptotic activity on both cells.

**Results:** On MCF-7 cells, the best cytotoxicity was exhibited by CSEF (IC<sub>50</sub> of 58.71 µg/mL), followed respectively by CSHF, CSWF, and CSEE. On HeLa cells, the extract and fractions weakly inhibited the survival growth rate, with the best cytotoxicity respectively shown by CSEF (IC<sub>50</sub> of 233.881 µg/mL), CSEE, and CSHF. Furthermore, the exposure of CSEF to MCF-7 cells resulted in an average of 22.9% undergoing early-stage apoptosis, to HeLa cells resulted in an average of 40.85% undergoing necrosis. Molecular docking simulation revealed that diosgenin and beta-sitosterol interacted with caspase-3 residues with considerable affinity.

**Conclusion:** The CSEF of *C. speciosus* leaves induces cytotoxicity, whose mechanism seems to be either at the early apoptosis stage on MCF-7 cells or by necrosis on HeLa cells.

### Implication for health policy/practice/research/medical education:

This study may support the development of *Costus speciosus* (Koenig) Smith leaves as an anticancer adjuvant therapy.

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## Introduction

Over 35 million new cancer cases are predicted in 2050, a 77% increase from the estimated 20 million cases in 2022. Of the data obtained from 185 countries in 2022, female breast carcinoma ranked second, which was 2.3 million cases or 11.6% (1). Cancer metastasis occurs when the primary tumor cells damage and proliferate to other sites of the body (2). It is described that oxidative stress may be involved directly in the onset and development of cancer. During the neoplasia initiation stage, free radicals play a paramount role in altering the genetic material of the

cells responsible for mutagenesis and carcinogenesis (3). Cisplatin is a platinum-based anticancer agent that works by alkylating deoxyribonucleic acid (DNA) and building platinum-DNA adducts, leading to DNA damage, gap1/synthesis phase (G1/S) arrest, and apoptosis. Thus, it is efficacious in eliminating cancer cells. However, in long-term use, resistance may develop (4). Therefore, discovering novel anticancer agents, particularly of natural products, may be challenging.

The numerous biological activities of medicinal plants are thought to originate from the secondary metabolite

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contents. Plants containing bioactive compounds with heterocyclic structures have been reported for their anticancer activities (5-7). In the nonpolar and semipolar fractions of the methanol extract of *Costus* genus plants, flavonoids and terpenoids were reported to be present, while saponins were found in the water-soluble fractions (8). Triterpenes have been isolated from *Costus speciosus* (Koenig) Smith, synonym *Cheilocostus speciosus* (J. Koenig) C. Specht roots. Flavonol glycosides and flavonoids were isolated from the leaves of *C. speciosus* (9). Bioactive compounds namely diosgenin, dioscin, curcumin, beta-sitosterol, stigmasterol, campestral, and many more, were identified in different parts of *C. speciosus* (10).

Interestingly, plants of the *Costus* genus have shown cytotoxic activity against numerous cancer cells. The methanol extracts of *C. speciosus* have been delineated to inhibit the growth of liver cancer cells (hepatoblastoma HepG2) (11,12), triple-negative breast cancer MD Anderson-metastasis breast cancer (MDA-MB-231) cells (8), and human colon adenocarcinoma (COLO 320DM) cells (13). The nonpolar fraction of the methanol extract could induce apoptosis via DNA damage, downregulate mutant p53, and over-express the cell cycle inhibitors p21 and p27 (8). Moreover, the crude ethanol extracts of *C. cuspidatus* and *C. subsessilis* showed cytotoxic effects in human leukemia (HL60), human T lymphocytes (Jurkat), and human acute monocytic leukemia (THP-1) cells (14). However, only limited molecular docking simulations of bioactive compounds of *Costus* genus plants were reported, e.g., towards cyclooxygenase (COX) enzymes for anti-inflammatory (15) and caspases for anticancer (16). Considering this, our study aimed to evaluate the cytotoxicity and apoptotic activities of the ethanol extract and fractions of *C. speciosus* leaves against human breast cancer Michigan Cancer Foundation-7 (MCF-7) and cervical cancer (HeLa) cells through *in vitro* and molecular docking studies.

## Materials and Methods

### Plant

The fresh leaves were collected from the Ciparay Bandung area (Google map -7.032557062301384, 107.70138324126452), West Java, Indonesia, and the plant specimen was taxonomically identified and confirmed as *Costus speciosus* (Koenig) Smith, synonym *Cheilocostus speciosus* (J. Koenig) C. Specht (herbarium No. 36/HB/2021 at the Laboratory of Plant Taxonomy, the Department of Biology, Faculty of Mathematics and Natural Sciences, Padjadjaran University, Indonesia) with descriptions as listed in <https://powo.science.kew.org/taxon/urn:lsid:ipni.org:names:796383-1>

### Chemicals

The chemicals used were technical grade ethanol 96% (Bratachem, Bandung, Indonesia) for plant extraction,

technical grade n-hexane (Alfa Omega Kimia, Tangerang, Indonesia) and technical grade ethyl acetate (Alfa Omega Kimia, Tangerang, Indonesia) for fractionation, dimethyl sulfoxide (DMSO) (Sigma-Aldrich, USA), penicillin/streptomycin (Merck, USA), cell counting kit-8 (CCK-8)/water-soluble tetrazolium salt-8 (WST-8) (Dojindo, Japan) for cytotoxicity assay, RPMI-1640 medium, human breast cancer cell lines (MCF-7 from European Collection of Authenticated Cell Cultures-ECACC) (Sigma-Aldrich, USA), human cervical cancer cell lines (HeLa from American Type Culture Collection-ATCC) (Sigma-Aldrich, USA), and fetal bovine serum (FBS) (Invitrogen, USA).

### Extract preparation

Each of the fresh leaves was cleaned from the soil, dust, and other foreign inorganic matters, washed under tap water, and sun-dried for 4-5 days 6-8 hours per day. The dried leaves (770 g) were soaked in a technical grade ethanol 96% (with a ratio of 1:10) for 72 h at  $25 \pm 2$  °C. Ethanol was chosen particularly because of its property to dissolve most all secondary metabolites and safety (17,18). The extract was collected and filtered using Whatman paper and the solvent was evaporated in a vacuum rotavapor at  $50 \pm 2$  °C to a thick consistency. The thick ethanol extract (CSEE) was further partitioned using a mixture of water and n-hexane in a separatory funnel. The n-hexane phase (CSHF) was collected and added with ethyl acetate to obtain the ethyl acetate fraction (CSEF). Ethyl acetate is a commonly used solvent to extract polyphenols with successful yield due to its semipolar property (19).

### Cell culture

The MCF-7 (European Collection of Authenticated Cell Cultures-ECACC) and HeLa (American Type Culture Collection ATCC) cell lines were the collections of the Cell and Molecular Biology Laboratory, Faculty of Pharmacy, Padjadjaran University, Indonesia. The cells were grown at 37 °C with 5% carbon dioxide (CO<sub>2</sub>) in Roswell Park Memorial Institute (RPMI)-1640 medium supplemented with penicillin-streptomycin 100 U/mL and FBS 10% to a confluency of 80%.

### Effect of *Costus speciosus* on the % survival rate of MCF-7 and HeLa cells (cytotoxicity assay)

The cytotoxicity of *C. speciosus* (CSEE, CSWF, CSHF, and CSEF) against cancer cells was assessed using the CCK-8/WST-8 reagent, where WST-8 [2-(2-methoxy-4-nitrophenyl)-3-(4-nitrophenyl)-5-(2,4-disulfophenyl)-2H-tetrazolium, monosodium salt] was reduced by dehydrogenase in cells to produce an orange-colored formazan, correlated with the number of living cells (20). The IC<sub>50</sub> value was calculated using the linear regression equation derived from the data.

CSEE, CSWF, CSHF, and CSEF were dissolved in 1%

DMSO in RPMI-1640. The solution was further prepared in concentrations of 20, 40, 80, 120, and 500 µg/mL in DMSO 1% to calculate the IC<sub>50</sub>. Furthermore, the cytotoxicity of cisplatin was also evaluated using the same procedure in concentrations of 0.2, 0.4, 1.2, 2.4, and 5.0 µg/mL. Cisplatin was used as the standard drug.

#### Effect of *Costus speciosus* on the MCF-7 and HeLa cell cycle (flow cytometry apoptotic assay)

This assay is carried out to observe the percentage of MCF-7 and HeLa cells that have undergone apoptosis after the cells are exposed to CSEF (the most cytotoxic fraction) for 24 hours. This assay was performed by following a standard procedure. Apoptosis is detected by initially staining the cells with annexin V-propidium iodide solution followed by flow cytometry analysis. Cells that are not stained with annexin V (AV) or propidium iodide (PI) are viable and will scatter in the Q4 area. Cells that are only stained with AV represent early-stage apoptosis and will scatter in the Q3 area; cells that are stained with both PI and AV show late apoptosis and secondary necrosis and will scatter in the Q2 area; cells that are stained with only PI represent necrosis and will scatter in the Q1 area. Normal cells are hydrophobic as they express phosphatidyl serine within the inner membrane. When the cells undergo apoptosis, the inner membrane flips to become the outer membrane, exposing phosphatidyl serine, which eventually is detected and stained by AV. PI binds and stains the DNA leaks from necrotic cells (21).

#### Molecular docking simulation

Molecular docking simulation of diosgenin and beta-sitosterol was performed by following a previously described method (22-24) as follows:

Hardware used was MacBook Pro (13-inch, M1, 2020), macOS Ventura, with Chip Apple M1 processor, and a memory of 8 GB. Software used was MarvinSketch 17.11.0 (Academic License), LigandScout 4.1.4 (Universitas Padjadjaran License), AutoDock 4.2 (<https://autodock.scripps.edu/>), and MacPyMOL: PyMOL 1.7.4.5 Edu.

The macromolecule was the X-ray crystallographic 3D structure of human caspase-3 in complex with tethered salicylate (PDB ID 1NME with a resolution of 1.6 Å; DOI: <https://doi.org/10.2210/pdb1NME/pdb>) deposited by Erlanson et al. (2003) (25). The protein was downloaded from the Protein Data Bank (<https://www.rcsb.org/>).

The 2D structure of diosgenin and beta-sitosterol was drawn using the MarvinSketch program and then converted into a 3D structure by applying energy minimization using the Merck molecular force field 94 (MMFF94) method in the LigandScout program. The grid box position and size of the active site were determined automatically by the LigandScout program based on the position of the native ligand as a reference. Molecular docking simulation was done using AutoDock 4.2

embedded in the LigandScout program.

## Results

### Extraction and fractionation

The yield of the ethanol extract of *C. speciosus* (CSEE) obtained from approximately 770 g of the dried leaves was 4.9 g. The further fractionation of CSEE yielded 21.15 g of water fraction (CSWF), 5.02 g of n-hexane fraction (CSHF), and 2.49 g of ethyl acetate fraction (CSEF).

#### Effect of *Costus speciosus* on the % survival rate of MCF-7 cells (cytotoxicity assay)

*Costus speciosus* indicated a potential to inhibit the % survival rate of MCF-7 cells (depicted in Figure 1) as revealed by the IC<sub>50</sub> value of CSEE = 382.32 µg/mL, CSWF = 362.62 µg/mL, CSHF = 185.42 µg/mL, CSEF = 58.71 µg/mL (calculated from the regression equation). The best cytotoxic activity is shown by CSEF. The IC<sub>50</sub> value of cisplatin was 3.76 µg/mL confirming a strong cytotoxicity towards MCF-7 cells.

#### Effect of *Costus speciosus* on the % survival rate of HeLa cells (cytotoxicity assay)

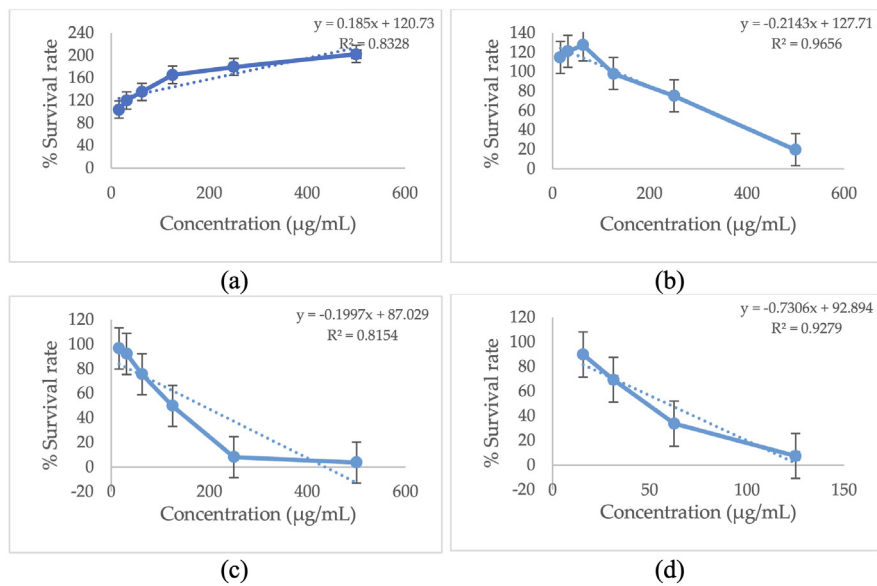
*Costus speciosus* indicated weak potential to inhibit the % survival rate of HeLa cells (depicted in Figure 2) as indicated by the IC<sub>50</sub> value of CSEE = 350.70 µg/mL, CSWF = 764.26 µg/mL, CSHF = 376.57 µg/mL, CSEF = 233.881 µg/mL. The IC<sub>50</sub> value of cisplatin was 3.78 µg/mL indicating strong cytotoxicity towards HeLa cells.

#### Effect of the ethyl acetate fraction of *Costus speciosus* (CSEF) on the MCF-7 cell cycle (flow cytometry apoptotic assay)

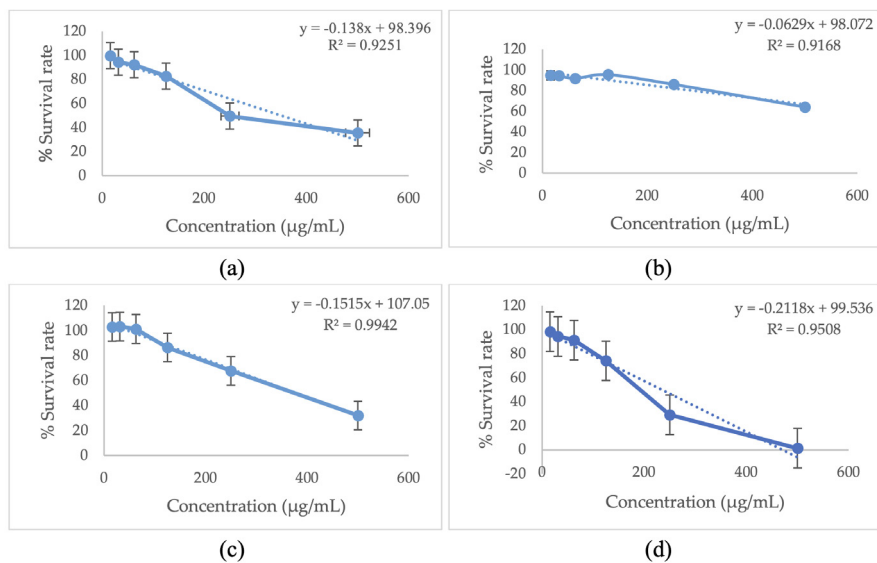
The effect of CSEF on the MCF-7 cell cycle is presented in Figure 3. Exposure of CSEF (29.35 µg/mL) to MCF-7 cells for 24 hours resulted in 68.85% viability, 22.9% early-stage apoptosis, 5.375% late apoptosis and secondary necrosis, and 2.895% necrosis (Figure 3b), while a very low concentration of cisplatin exposure (1.88 µg/mL) resulted in 3.07% early-stage apoptosis, 3.17% late-stage apoptosis and secondary necrosis, and 0.135% necrosis (Figure 3c).

#### Effect of the ethyl acetate fraction of *Costus speciosus* (CSEF) on the HeLa cell cycle (flow cytometry apoptotic assay)

The effect of CSEF on the HeLa cell cycle is presented in Figure 4. Exposure of CSEF (29.35 µg/mL) to HeLa cells for 24 hours resulted in an average of 39.45% viability, 3.07% early-stage apoptosis, 16.66% late-stage apoptosis and secondary necrosis, and 40.85% necrosis (Figure 4b), while a very low concentration of cisplatin exposure (1.88 µg/mL) resulted in 10.03% early-stage apoptosis, 9.83% late apoptosis and secondary necrosis, and 2.65% necrosis (Figure 4c).



**Figure 1.** The effect of *Costus speciosus* on the % survival rate of MCF-7 cells. (a) ethanol extract (CSEE) with the regression equation of  $y = 0.185x + 120.73$  and correlation coefficient  $R^2 = 0.8328$ ; (b) water fraction (CSWF) with the regression equation of  $y = -0.2143x + 127.71$  and correlation coefficient  $R^2 = 0.9656$ ; (c) n-hexane fraction (CSHF) with the regression equation of  $y = -0.1997x + 87.029$  and correlation coefficient  $R^2 = 0.8154$ ; (d) ethylacetate fraction (CSEF) with the regression equation of  $y = -0.7306x + 92.894$  and correlation coefficient of  $R^2 = 0.9279$ .



**Figure 2.** The effect of *Costus speciosus* on the % survival rate of HeLa cells. (a) ethanol extract (CSEE) with the regression equation of  $y = -0.138x + 98.396$  and correlation coefficient  $R^2 = 0.9251$ ; (b) water fraction (CSWF) with the regression equation of  $y = -0.0629x + 98.072$  and correlation coefficient of  $R^2 = 0.9168$ ; (c) n-hexane fraction (CSHF) with the regression equation of  $y = -0.1515x + 107.05$  and correlation coefficient of  $R^2 = 0.9942$ ; (d) ethylacetate fraction (CSEF) with the regression equation of  $y = -0.2118x + 99.536$  and correlation coefficient of  $R^2 = 0.9508$ .

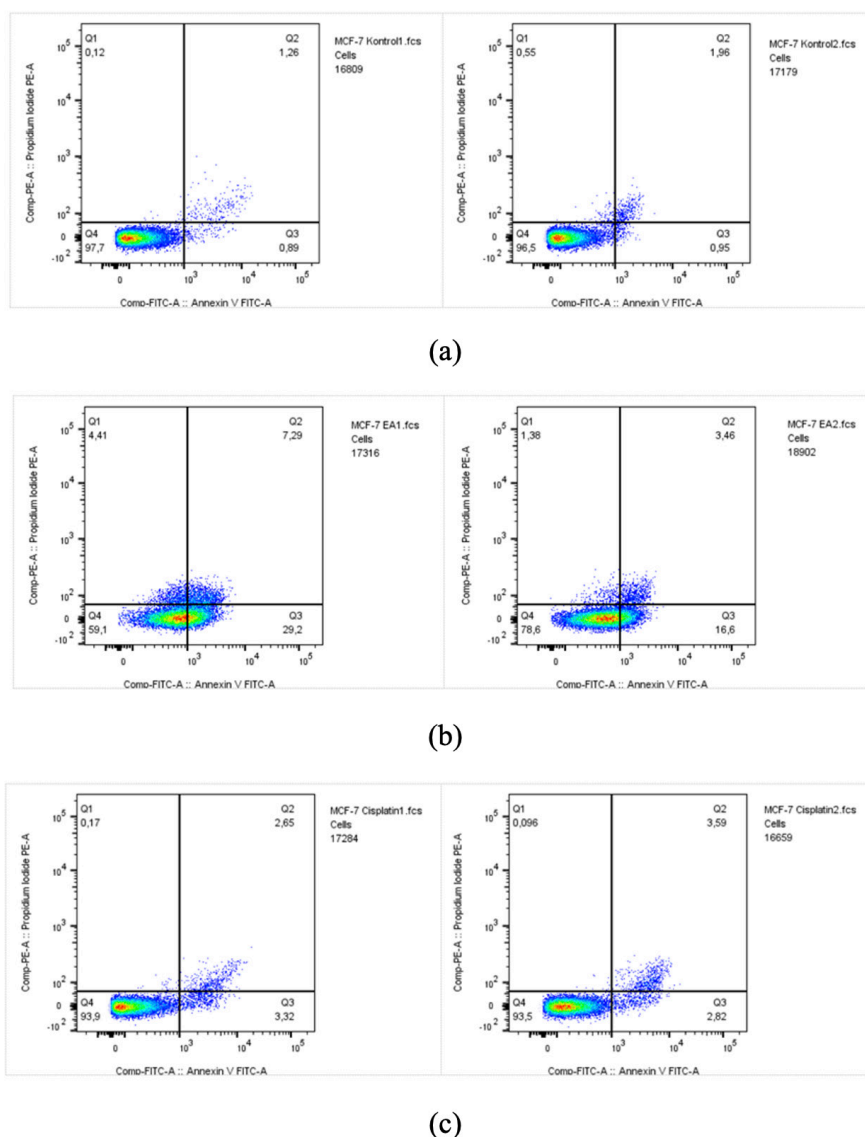
### Molecular docking simulation of diosgenin and beta-sitosterol to the active site of caspase-3

Both diosgenin and beta-sitosterol are hydrophobic molecules as confirmed by their cLogP values of 5.428 and 8.025, respectively. The molecular docking simulation revealed that diosgenin could interact with caspase-3 residues, e.g., one hydrogen bond with Asn208 and three hydrophobic interactions with Trp214, Phe247, and Phe250 (binding affinity -8.31 kcal/mol) (Figure 5a), while

beta-sitosterol only built hydrophobic interactions with Trp206, Trp214, Phe247, and Phe256 (binding affinity -6.90 kcal/mol) (Figure 5b). Cisplatin, however, interacted with Gln217 and Asp211.

### Discussion

There are three findings of this study: (1) the ethyl acetate fraction, partitioned from the ethanol extract of *Costus speciosus* leaves (CSEF), inhibits the survival growth rate

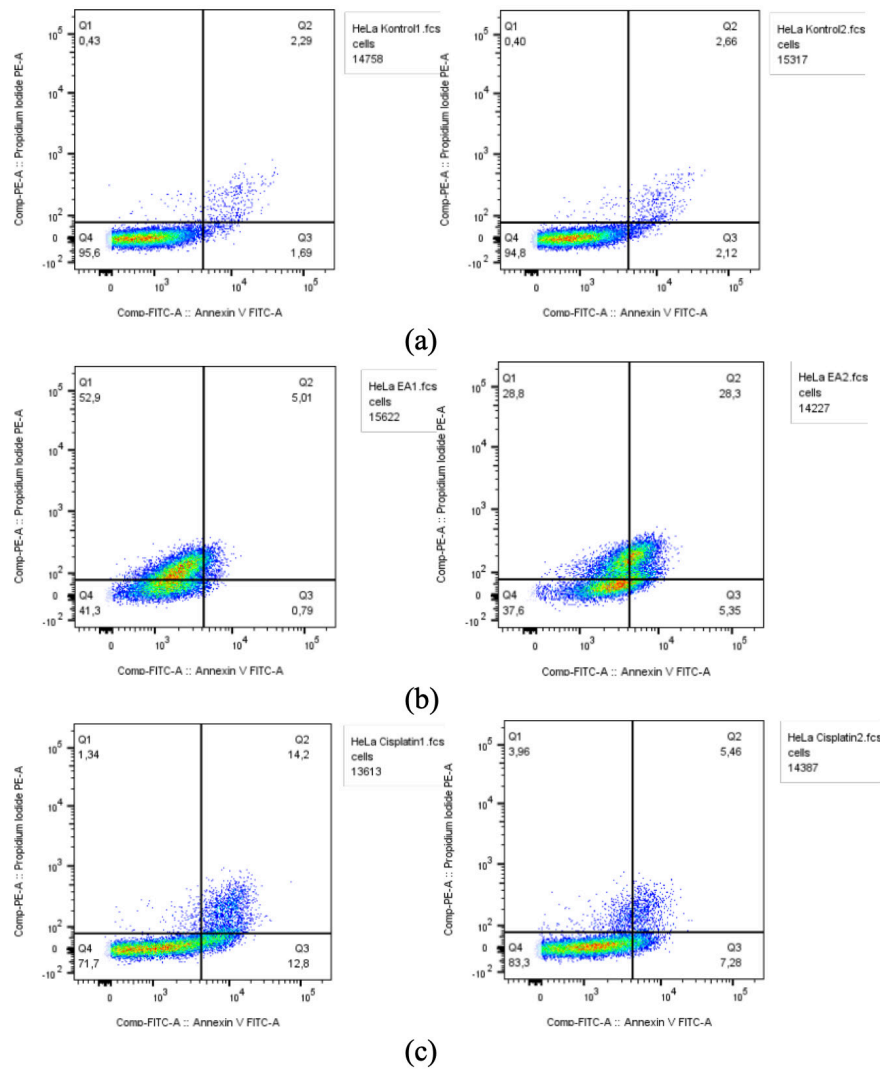


**Figure 3.** The flow cytometry analysis of MCF-7 cells. (a) MCF-7 cells without treatment; (b) MCF-7 cells exposed to CSEF (29.35 µg/mL); (c) MCF-7 cells exposed to cisplatin (1.88 µg/mL). The analysis was done with two replications. The cells stained with annexin V (AV) or propidium iodide (PI) are living cells and are scattered in the Q4 area. The cells only stained with AV represent early-stage apoptosis and are scattered in the Q3 area; The cells stained with both PI and AV show late apoptosis and secondary necrosis and are scattered in the Q2 area; The cells stained with only PI represent necrosis and are scattered in the Q1 area. Q1 = PI (+), AV (-); Q2 = PI (+), AV (+); Q3 = PI (-), AV (+); Q4 = PI (-), AV (-).

of MCF-7 cells mainly at the early-stage apoptosis of the cell cycle, (2) the ethyl acetate fraction, partitioned from the ethanol extract of *Costus speciosus* (CSEF), inhibits the survival growth rate of HeLa cells by necrosis mechanism, and (3) diosgenin and beta-sitosterol could interact with Trp206, Trp214, Phe247, and Phe250 in the catalytic site of caspase-3.

In our study, CSEF inhibited the survival growth rate of MCF-7 and HeLa cells by apoptosis and necrosis mechanisms. Similarly, previous studies reported that the methanol extracts of *C. speciosus* could inhibit the growth of liver cancer cells (HepG2) (11,12), triple-negative breast cancer (MDA-MB-231) cells (8), and human colon adenocarcinoma (COLO 320DM) cells (13).

Numerous secondary metabolites have been reported to contain in *C. speciosus*, which include, diosgenin, tigogenin, beta-sitosterol, 5 $\alpha$ -stigmast-9 (11)-en-3 $\beta$ -ol,  $\beta$ -sitosterol- $\beta$ -D-glucoside, dioscin, prosapogenins A and B of dioscin, gracillin,  $\alpha$ -tocopherol, diosgenone, cycloartanol, 25-en-cycloartenol, and octacosanoic acid (26,27). Our molecular docking simulation explored the binding mode and affinity of diosgenin and beta-sitosterol toward amino acid residues in the catalytic site of cysteine-aspartyl protease-3 (caspase-3). Diosgenin is a plant steroid, described to be a potential bioactive molecule with numerous important medicinal properties, including antihyperlipidemic, antihyperglycemic, antioxidant, anti-inflammatory, and antiproliferative activities. Its

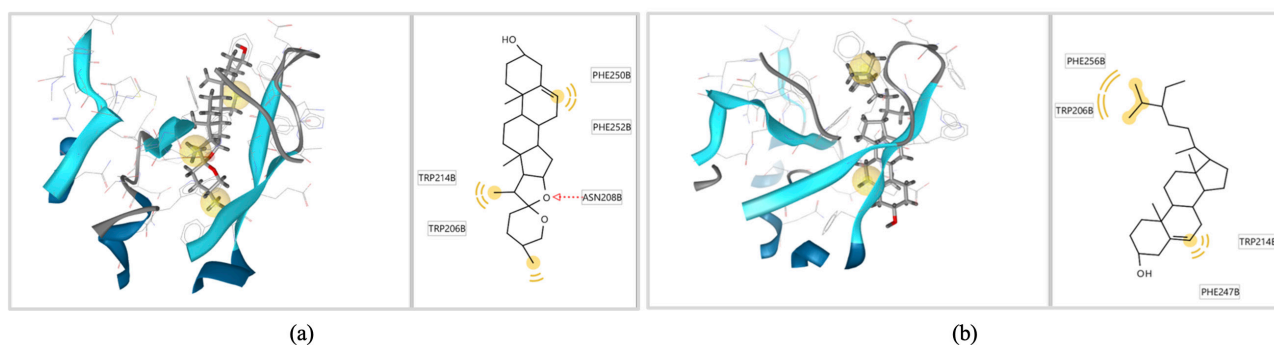


**Figure 4.** The flow cytometry analysis of HeLa cells. (a) HeLa cells without treatment; (b) HeLa cells exposed to CSEF (29.35 µg/mL); (c) HeLa cells exposed to cisplatin (1.88 µg/mL). The analysis was done with two replications. The cells not stained with annexin V (AV) or propidium iodide (PI) are living cells and are scattered in the Q4 area. The cells only stained with AV represent early-stage apoptosis and are scattered in the Q3 area; the cells stained with both PI and AV show late apoptosis and secondary necrosis and are scattered in the Q2 area; The cells stained with only PI represent necrosis and are scattered in the Q1 area. Q1 = PI (+), AV (-); Q2 = PI (+), AV (+); Q3 = PI (-), AV (+); Q4 = PI (-), AV (-).

anticancer activity is exhibited via several mechanisms. This phytosterol is found in many plants. It was reported to alter cell cycle distribution and stimulate apoptosis in the human osteosarcoma cell line. Cells exposed to diosgenin show an activation of p53 and cell cycle arrest (28). Moreover, diosgenin could induce G2/M cell cycle arrest and apoptosis in human hepatocellular carcinoma (HepG2 HCC) cells (29). Diosgenin induces apoptosis, cell cycle arrest, and COX activity in osteosarcoma (1547) cells (30). The apoptotic activity of diosgenin was described via the upregulation of caspase-3 (31-38), upregulation of caspase-8 (29,32), and upregulation of caspase-9 (29,31,33). Diosgenin also shows activity to down-regulate Bcl-2 and Bcl-xl (31,39,40). Beta-sitosterol is abundantly contained in vegetables, nuts, seeds, grains, and olive oil. This phytosterol was described to impede the viability of MCF-7 and MDA-MB-231 by altering the

PI3K/Akt/mTOR pathway (41). Beta-sitosterol damages the morphology of human cervical cancer cells (CaSki and HeLa) by increasing electron density in the cell membrane and decreasing organelles (42). Beta-sitosterol does not modulate the expression of Bcl-xL and Bax in U937 cells; however, it can downregulate Bcl-2, thus suggesting a correlation between caspase-3 activation with Bcl-2 downregulation (43).

Cysteine-aspartyl proteases (caspases) are a unique family of cysteine proteases that execute apoptosis. Caspases exist as inactive zymogens in cells, held together as a dimer with a hydrophobic interface between the monomers, and undergo a cascade of catalytic activation at the onset of apoptosis. These enzymes can be inhibited by the inhibitor of apoptosis family of proteins (44). Caspases involved in apoptosis are categorized into (1) the initiator caspases (e.g., caspase-8 and caspase-9) and



**Figure 5.** Molecular docking simulation of (a) diosgenin and (b) beta-sitosterol to the active site of caspase-3. Hydrogen bond is shown by a dashed arrow; hydrophobic interaction is shown by a yellow highlight or yellow sphere; the beta-sheet of the protein is shown in blue color. Diosgenin (cLogP of 5.428) builds a hydrogen bond with Asn208 and three hydrophobic interactions with Trp214, Phe247, and Phe250, while beta-sitosterol (cLogP of 8.025) builds four hydrophobic interactions with Trp206, Trp214, Phe247, and Phe256.

(2) the effector caspases (e.g., caspases-3 and -7) (45). Proapoptotic stimuli activate the initiator caspases, which eventually activate the effector caspases by proteolytic intrachain cleavage that changes the conformation of the active site of the effector caspases at amino acid residue Cys163 (46). The S1' pocket of caspase-3 is encircled by four loops building an internal space of 900 Å<sup>3</sup>. Thr166 and Tyr204 are located on one side of this pocket and Phe128 and Met61 are on the other side, thus allowing a bulky hydrophobic molecule to enter deeply into this groove (47). A previous study described that Ac-DEVD-AFC, a caspase-3 substrate, builds hydrogen bonds with Arg64, Gln161, Arg207, Ser205, Ser209, and hydrophobic interactions to Phe256, Trp206, Trp214 (48). Our molecular docking simulation revealed that diosgenin and beta-sitosterol could interact with Trp206, Trp214, Phe247, and Phe250 in the catalytic site of caspase-3 similar to the binding mode of the caspase-3 substrate, with considerable affinity.

In this study, we used cisplatin as the standard anticancer drug. This well-known chemotherapeutic agent alkylates DNA and builds platinum-DNA adducts, leading to damage in the cancer cells, G1/S arrest, alteration of gene regulation, direct cytotoxicity mediated by reactive oxygen species, and apoptosis (4). Cisplatin was reported to activate the initiator caspases-8, -9, and -2, and the executioner caspase-3 after eight hours of exposure to p53-transfected LLC-PK1 porcine kidney cells (49). Cisplatin blocks the spread of cancer cells during the early steps of the epithelial-mesenchymal transition. It antagonizes the signaling pathway of transforming growth factor-beta by reducing the transcription of many genes responsible for cancer metastasis (50,51). However, in long-term use of cisplatin, resistance may develop. Cisplatin could induce cell death in mesothelioma cells, which was characterized by mitochondrial depolarization, phosphatidylserine translocation, and caspase activation (52). It was reported that two geriatric male patients (ages 62 and 64 years old) diagnosed with esophageal cancer developed severe

kidney damage after chemotherapy with cisplatin and 5-fluorouracil. The levels of serum creatinine escalated gradually hence, hemodialysis was required (53). It is acknowledged that approximately thirty percent of patients who are subjected to cisplatin chemotherapy will experience nephrotoxicity due to a higher cisplatin accumulation in this organ through mediated transport (54). Conversely, in a study of 56 patients with cisplatin treatment who developed moderate renal dysfunction, none required hemodialysis. This chemotherapy drug was tolerated at doses of 35-80 mg/m<sup>2</sup> in these patients (55). Cisplatin therapy in a 62-year-old diagnosed with head and neck cancer without risk factors for vascular disease could cause a thromboembolic acute mesenteric ischemia of the small bowel. It is concluded that cisplatin may increase the risk of arterial thrombosis (56).

## Conclusion

This study mainly focused on the cytotoxic and apoptotic activity of *C. speciosus* (Koenig) Smith leaves and confirmed that exposure of the ethyl acetate fraction, partitioned from the ethanol extract, to the human breast cancer (MCF-7) and human cervical (HeLa) cells could induce cytotoxicity. The cytotoxicity mechanism is either at the early apoptosis stage on MCF-7 cells or by necrosis on HeLa cells as such is enabled through a reduction in the integrity of mitochondrial, thus unlocking the potential of the plant to be further explored for its anticancer activity.

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## Authors' contribution

**Conceptualization:** Eli Halimah.

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**Methodology:** Eli Halimah, Sandra Megantara, Gofarana Wilar, Jutti Levita.

**Supervision:** Eli Halimah.

**Validation:** Eli Halimah, Jutti Levita.

**Writing-original draft:** Eli Halimah, Gofarana Wilar.

**Writing-review and editing:** Jutti Levita, Sandra Megantara.

#### Availability of data and materials

The datasets used and/or analyzed during the present study are available from the first author upon reasonable request.

#### Conflict of interests

There is nothing to declare.

#### Ethical considerations

This study did not use animals, does not apply to humans, and is not mandatory for ethical approval and consent to participate.

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