



# *Mallotus philippensis* (Lam.) Müll. Arg.: A review on its pharmacology and phytochemistry

Abhishek Kumar<sup>1</sup>, Meenu Patil<sup>1</sup>, Pardeep Kumar<sup>1</sup>, Ram Chand Bhatti<sup>1</sup>, Rupinder Kaur<sup>1</sup>, Nitin Kumar Sharma<sup>2</sup>, Anand Narain Singh<sup>1\*</sup>

<sup>1</sup>Department of Botany, Panjab University, Chandigarh-160014, India

<sup>2</sup>Department of Botany, Govt. College Amb, Una, Himachal Pradesh-177203, India

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## ABSTRACT

Kamala tree (*Mallotus philippensis*) is traditionally used by different ethnic groups to treat a variety of diseases and health ailments. However, these traditional uses need to be scientifically investigated and validated in order to develop drugs from this tree. Therefore, the present article is aimed to review the scientifically validated knowledge on the pharmacology and phytochemistry of the tree. To accomplish this, we extensively surveyed the available databases like Scopus, Web of Science, Google Scholar, ScienceDirect, NCBI including PubMed and PubChem etc. by using keywords '*Mallotus philippensis*', '*Mallotus philippinensis*' and '*Mallotus philippinensis*'. Our results indicated that the tree possesses more than 50 different types of important phytochemicals of natural origin. The wide array of phytochemicals possesses fascinating biological activities like anthelmintic, antibacterial, anti-inflammatory, anti-oxidant, anti-cancerous, anti-tuberculosis, anti-parasitic, analgesic, anti-urolithiatic and anti-viral activities. Thus, pharmacological activities and isolation of active phytochemicals make the tree a promising candidate for drug discovery. However, the pharmacological activities such as antibacterial and anti-oxidant activities are often tested with crude extracts and in vitro rudimentary methods that can be sometimes misleading and non-specific. Thus, more sophisticated techniques may be applied for isolation of active chemicals and elucidating their mechanism of actions.

### *Implication for health policy/practice/research/medical education:*

This review article presented the progress of scientific investigations and validation of traditional uses of the Kamala tree (*Mallotus philippensis*). Antimicrobial properties of the tree are extensively investigated whereas other pharmacological properties like anthelmintic, anti-viral, anti-urolithiatic etc, still need to be investigated. Specifically, the active phytochemicals such as Rottlerin and Mallotophilippen can be novel drugs for the treatment of cancer and tuberculosis in future.

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## Introduction

Indigenous people and local ethnic communities have learned and developed knowledge to use specific plants for various health disorders and ailments from pre-historic times. These practices are still continued and common in remote areas of the Indian subcontinent where no or few health facilities are available. This ethnomedicinal system has provided the clue for discovering many therapeutically useful compounds that have been now developed into important drugs. For instance, two modern anti-malarial drugs quinine and artemisinin have been developed from indigenous knowledge from

the Amazon basin and China respectively, where local people use them for treating fevers. Furthermore, about 65-75% of modern drugs recommended for cancer and other infectious disease have been directly or indirectly derived from traditional knowledge (1). More recently, two anti-diabetic drug formulations (BGR-34 and IME-9) were developed in India that are based on traditional medicinal practices of various local communities of the country. Thus, the ethnomedicinal system of the various ethnic groups has provided indigenous knowledge that leads to the discovery of therapeutically useful compounds from plants to modern science. Traditional knowledge

\*Corresponding author: Anand Narain Singh, Email: [ansingh@pu.ac.in](mailto:ansingh@pu.ac.in); [dranand1212@gmail.com](mailto:dranand1212@gmail.com)

of a particular geographical area can act as a modulator for further cutting-edge research in modern science. The combination of traditional and modern knowledge together may produce better results for human beings.

The medicinal properties of Kamala are remarked in ancient Indian literature like *Charaka Samhita*, *Sushruta Samhita*, *Indian Materia Medica* and *Indusyunic Medicine* (2-4). Earliest medicinal systems like the Ayurveda and the Yunani also advocate its usage as alexiteric, anthelmintic, appetiser, bitter, carminative, cooling, purgative, styptic and vulnerary (5-7). Some of these medicinal properties of this species are already transformed into commercially available drug formulations like *Krimighatni Bati* and *Krimikuthar Rasa* for intestinal worms and *Roghan Kameela* and *Zimad Jarb* for dermatological disorders (8). However, these traditional uses can be unrealistic or superfluous, therefore, a scientific authentication and validation of these properties are necessary in order to develop effective modern drugs. The pharmacological properties and isolation of active chemical compounds from this tree have progressed considerably during the past few decades. Thus, a variety of important phytochemical compounds such as cardenolides, flavonoids, tannins, fatty acids, chalcone and phloroglucinol derivatives have been isolated and characterised from this plant (9). These important active chemicals possess interesting pharmacological activities like anti-cancer, anthelmintic, anti-fertility, antimicrobial, anti-oxidant, anti-inflammatory and many others are expected to be discovered soon (10).

Despite recent advancement in pharmacological science, we have limited information about the validation of traditional medicinal usage of this tree. Though, previous review articles have attempted to document and analyse information about the species, complete and updated information about the progress and gaps in the field is still lacking (10-13). Therefore, the present review article aims to answer the following questions: 1) How many biological activities from this plant have been tested and validated so far? 2) What are the different active phytochemicals that have been isolated and characterised from this particular species? 3) What are the observed progress and gaps in our knowledge about the pharmacology and phytochemistry of this species? This has been achieved by extensively surveying available databases along with unpublished grey literature in terms of dissertations and theses. Further, we have included possible mechanisms and patents wherever possible. Yet, we do not pretend to be complete in our review, as collecting all the literature is a tough task and some studies seemed to be beyond the scope of this review article, but surely, it will be useful for future research on the same tree.

## Methods

In order to get more and more information on the same

tree, we have extensively searched available databases like Scopus (Mallotus AND phili\*), Web of Science (Mallotus AND phili\*), Google Scholar (allintitle: "Mallotus philippensis" OR "Mallotus philippinensis"), Science Direct ("Mallotus philippensis" OR "Mallotus philippinensis"), PubMed (Mallotus AND phili\*). We got 245 articles from Scopus, 115 articles from Web of Science, 131 articles from Google Scholar, 313 articles from Science Direct, 54 articles from PubMed. Thus, in total, we got 858 articles through database searching and 19 additional records were found through other sources including published books, unpublished theses and patents. After removing duplicate, insignificant and inappropriate studies, finally, 110 articles were included for the preparation of the present article. Some articles including antibacterial studies without minimum inhibitory concentration (MIC), anti-oxidant assays employing 2, 2-diphenyl-1-picrylhydrazyl (DPPH) and other *in vitro* assays have been discarded. However, some studies that seemed relevant were included even if they did not meet the above criteria, as these studies provided indications for further work on the subject. The chemical structures presented in the manuscript were prepared from previously published studies using the ChemOffice® (16.0) program available from PerkinElmer, Inc. All other figures were prepared using the R programming language (14).

## Socio-economic importance

Natural dyes play an important role in the livelihood of local and rural people. For example, in Bhutan, rural people cultivate dye-yielding plants, prepare dye and earn money by selling the dye (15). The glands of ripened fruits of this tree yield a yellow to orange-red coloured dye, called Kamala dye (16-18). Fresh fruits are known to yield about 1.4%-3.7% red powder containing pigment Rottlerin (19). A patent has also been granted for describing the method of extraction of the dye from the fruit-pericarp of the tree containing readily water-soluble rottlerin (20). The red dye obtained from the tree is frequently used for preparing traditional Bhutanese fabrics and colouring silk clothes (15). This dye along with a mordant (Alum) is used for dyeing silk and wool (17,19). This dye is believed to be superior for woollen and silk fabrics (21).

The Kamala powder is also used as a dyestuff in food (17,21). The active compounds of the dye, rottlerin and its penta-potassium derivatives are employed for colouring foodstuffs, juices and other beverages (22). Apart from colouring soaps, oils and ice creams (17), it is also employed as an anti-oxidant for *ghee* and vegetable oils (17,19). The powdered dye is widely used in perfume, leather and textile industry. The dyestuff finds applications in paintings and decorating wooden crafts especially by *Bokshas* (an indigenous community found in the Western region of Himalayas) (21). In chromotherapy, the dye is

used for body adornment (21). In addition to fruit powder, the seed oil is used in painting and varnishing works (22). The oil is also used as a substitute for Tung oil (*Vernicia* Lour., Euphorbiaceae) in the formulation of rapid drying paints, varnishes, hair fixers and ointments (16). Thus, the tree has several important non-medicinal uses also, which are important from a socio-economic point of view.

### Pharmacology

As discussed in the previous section, the tree has the potential to cure a variety of diseases and health disorders as indicated by their traditional uses. Taking inspiration from these conventional uses, many researchers and in particular pharmacologists have tested and validated the medicinal potential of this plant with a scientific background. Therefore, in this section, an assessment of about 84 studies pertaining to different biological activities have been discussed. Also, the active compounds responsible for their activity and their mode of action have been discussed wherever available.

The distribution of these studies under different categories of biological activities suggests that antibacterial, anti-oxidant and anti-parasitic activities have been most frequently investigated and contributed to about 50% of the total pharmacological studies on this particular plant species (Figure 1).

### Anthelmintic activity

As described in the previous section, fruits are exclusively used for helminthic infestations both for human beings as well as animals (23). Certainly, researchers have tested and evaluated its efficacy against several worms using various extracts. Most of the extracts have produced encouraging results for treating fascioliasis, filariasis

and other intestinal worms. For example, alcoholic and ethereal extracts of fruits have shown anticestodal action against the dwarf tapeworm (*Hymenolepis nana*) and rat tapeworm (*Hymenolepis diminuta*), both *in vitro* and *in vivo*. The extracts also exhibited lethal efficacy against trematode, *Fasciolopsis buski* (24). Similarly, a resin isolated from ethanolic extracts of capsules possessed significant purgative and anthelmintic effects on tapeworms in the small intestine of rats. An oral dose of 120 mg/kg of the resin killed about 78% of tapeworms in albino rats (25). In another study, aqueous and alcoholic extracts of leaves caused inhibition of spontaneous motility of whole worm and the nerve-muscle preparation of nematode *Setaria cervi* Rudolphi, 1819 (Filarioidea), suggesting its potent anti-filarial activity. A MIC of 20 ng/mL for aqueous and 15 ng/mL for alcoholic extract was required for 6 hrs to cause 90% inhibition of this filarial worm (26). Recently, ethanolic extracts of fruits (800 mg/kg twice a daily for 3 days) have shown anticestodal efficacy in cestode (*Hymenolepis diminuta* Rudolphi, 1819) intestinal infection model (27). Similarly, methanolic extract of fruits (10 and 20 mg/mL) are reported to prevent dissemination of cestodal tapeworm (*Echinococcus granulosus* Batsch, 1786) by damaging the hooks and suckers and thus exhibiting significant scolical activity with almost no associated side effects (28).

Nevertheless, some authors have also questioned its efficacy at least against some worms and reported that it is ineffective as an anthelmintic. For example, alcoholic and ethereal extracts of fruits were not found effective against nematode (*Ascaris lumbricoides* Linnaeus, 1758) *in vitro* (24). It is also stated that Kamala is ineffective in reducing nematode ova per gram faeces in experimental goats, although it is purgative for these gastrointestinal

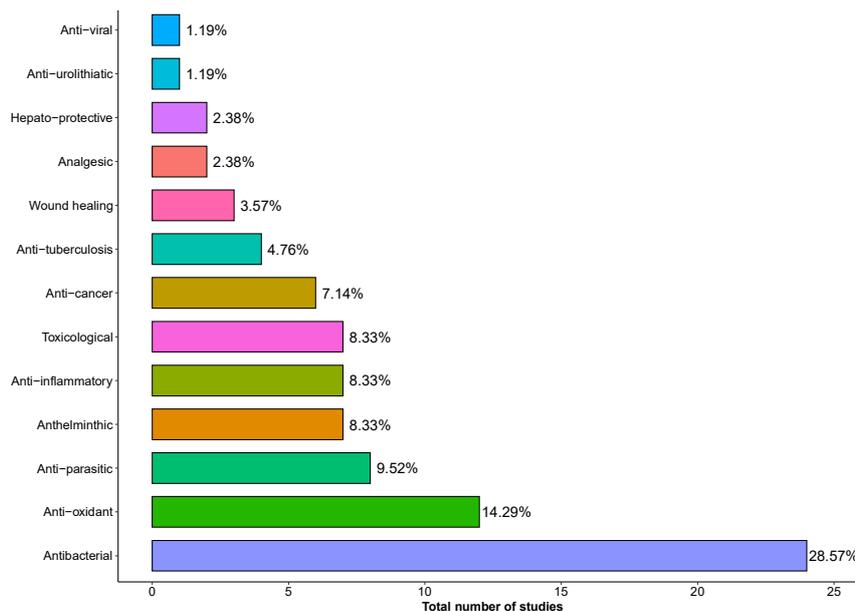


Figure 1. The distribution of studies under the different categories of biological activities.

worms (29). Similarly, a single oral dose of the powdered fruits is not effective in eliminating direct life-cycle gastrointestinal nematodes in goats when compared with a single dose of fenbendazole.

Thus, the traditional anthelmintic potential of this plant is well-known, but its scientific validation is still in infancy and has been achieved only against few worms. Although some extracts of the plant have successfully evaluated against few cestodal worms, particularly active bio-chemical and mode of action is still not identified yet. In addition, reports for anthelmintic use for human beings are lacking.

#### Antibacterial activity

Bacteria are one of the most common disease-causing pathogens. However, they are evolving rapidly and available antibiotic drugs are continuously failing to control the bacterial infections especially in hospitals and rural areas. Thus, there is an urgent need to search for new potential sources of antibiotic drugs in order to treat multidrug-resistant (MDR) bacteria. Traditionally, bark juice is used among the Tharu, Magar, Chhetri, Newaris and Raute people of Nepal to treat various diseases and illnesses (diarrhoea, dysentery, etc.) caused by bacterial, fungal or viral pathogens which indicates its potential antibacterial and anti-viral properties (30). In our review, we have found that various extracts prepared from the tree are effective against more than 100 different strains of about 30 species of pathogenic bacteria. The strains of *Staphylococcus aureus* (21.19%), *Escherichia coli* (9.32%), *Pseudomonas aeruginosa* (8.47%), *Bacillus subtilis* (7.63%), *Salmonella typhi* (6.78%), *Helicobacter pylori* (5.93%) and *Klebsiella pneumoniae* (3.39%) have been tested frequently for antibacterial activity and the extracts of this plant are most effective against *Helicobacter pylori*, *Enterococcus faecalis* and *Staphylococcus aureus*.

Among the active constituents, rottlerin and the Red compounds have been tested and found to be most effective. These studies including the applied extracts and methodologies are summarised in Table 1. Among methods used to test antibacterial activity, Disc diffusion and Agar well diffusion methods are most commonly used whereas broth dilution and agar dilution are the most frequent methods for determination of MIC. On the other hand, about 50% of total studies have not evaluated MIC and therefore efficacy of extracts is not clear. Such studies need to be revisited again and reconfirm the antibacterial potential of the particular extract. Further, only a few active chemicals such as rottlerin and Red compounds have been specifically evaluated for the antibacterial properties and the mechanisms of actions are still unknown for such compounds.

The use of various parts of the tree for treatment of skin disorders and infections can also be attributed to antibacterial, anti-parasitic, anti-tyrosinase and anti-

melanogenic activity of its active constituents like rottlerin, mallotophilippen A and mallotophilippen B. Rottlerin exhibits anti-tyrosinase activity by mixed inhibition while mallotophilippen A and B exhibit non-competitive type of inhibition as revealed by Lineweaver-Burk plot. Rottlerin has high binding affinity to tyrosinase and induces a conformational change in the secondary and tertiary structure of tyrosinase (31). The anti-melanogenic potential of chloroform extracts of the fruits has been patented and used as a whitening agent in cosmetics (32). Moreover, a hair tonic prepared by extracting the bark of the tree in conventional solvents inhibits the transforming growth factor (TGF- $\beta$ ) preventing hair loss (33).

#### Anti-oxidant activity

Free radicals and reactive oxygen species are often considered deteriorative due to their oxidising effects. The chemical compounds that scavenge these reactive molecules and slow down oxidation process are termed as anti-oxidants. However, most of the molecules that exhibit anti-oxidant potential *in vitro* may not produce similar effects *in vivo*. Therefore, evaluation of anti-oxidant property of any molecule should include *in vivo* studies using the suitable model animal system rather than non-specific assays such as DPPH, reducing power assay and total anti-oxidant capacity (53). Despite non-specificity of these *in vitro* methods, many authors have employed these methods to claim anti-oxidant activity of extracts prepared from the roots, stem-wood, stem bark, leaves and fruits of this particular tree (54,55). For example, methanolic chloroform and aqueous extracts of leaves (41), ethanolic extracts of fruit glandular hairs (56), the acetonetic and methanolic extracts of fruit and bark (57,58) and an aqueous fraction of ethanolic extracts of stem-wood (55) have been claimed to exhibit remarkable anti-oxidant activity in reducing power assay, total anti-oxidant capacity and DPPH radical assay.

The aqueous fraction of ethanolic extracts of stem-wood has Bergenin and 11-O-galloylbergenin that can be responsible for its strong anti-oxidant potential. The *in vitro* anti-oxidant activity assays show that 11-O-galloylbergenin is a more potent anti-oxidant as compared to Bergenin. Surprisingly, the anti-oxidant activity of 11-O-galloylbergenin is comparable with ascorbic acid and better than  $\alpha$ -tocopherol (55). Various extracts possess rottlerin as a chief component responsible for different pharmacological activities including the anti-oxidant potential. The anti-oxidant property of rottlerin is tested against the DPPH radical *in vitro* and confirmed against oxidative stress induced by 30-min treatment of H<sub>2</sub>O<sub>2</sub> or menadione in cultured cells. The levels of reactive oxygen species (ROS) were not only significantly lowered by 20  $\mu$ M rottlerin but also inhibited further ROS generation in HCF-7 cell lines (59). The maintenance of anti-oxidant environment by rottlerin may involve the

**Table 1.** Antibacterial potential of *Mallotus philippensis* (Lam.) Müll. Arg. against different strains of Bacteria

Bacteria	Part Used/Extract/Compounds	Methods	MIC (mg/mL)	Source
<i>Aeromonas hydrophila</i> (ATCC 7966)	Methanolic extracts of fruits	Disc diffusion and agar dilution	18	(34)
<i>Bacillus cereus</i>	Methanolic extracts of seeds	Disc diffusion, agar-well diffusion and agar dilution	6.25	(35)
<i>Bacillus cereus</i> (from HIV positive patient)	Silver nanoparticles (AgNPs) biosynthesized using leaf extracts	Disc diffusion	NE	(36)
<i>Bacillus cereus</i> var. <i>mycoides</i> (ATCC 11778)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Bacillus licheniformis</i>	Aqueous extracts of leaves	Disc diffusion and agar-cup	NE	(38)
<i>Bacillus pumilus</i> (ATCC 14884)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Bacillus stearothermophilus</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.095	(39)
<i>Bacillus subtilis</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.085	(39)
<i>Bacillus subtilis</i>	Ethyl acetate fractions of powdered whole plant	Agar-well diffusion	NE	(40)
<i>Bacillus subtilis</i>	Methanolic Chloroform (1:1) and aqueous extracts of the whole plant	Disc diffusion	NE	(41)
<i>Bacillus subtilis</i>	Chloroform: Methanol (1:1) and Chloroform: Methanol (8:2) fractions of bark	Cup-plate method	NE	(42)
<i>Bacillus subtilis</i>	Methanol extracts prepared from Bark	Disc diffusion	NE	(30,43)
<i>Bacillus subtilis</i>	Methanolic extracts of fruits	Disc diffusion and agar dilution	18	(34)
<i>Bacillus subtilis</i> (MTCC 441)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Bacillus subtilis</i> BsSOP01	Rottlerin	Antibacterial assay and broth dilution	0.004	(45)
<i>Bacillus subtilis</i> (ATCC 6633)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Bordetella bronchiseptica</i>	Methanolic Chloroform (1:1) and aqueous extracts of the whole plant	Disc diffusion	NE	(41)
<i>Bordetella bronchiseptica</i> (ATCC 4617)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Corynebacterium bovis</i>	Methanolic extracts of seeds	Disc diffusion, agar-well diffusion and agar dilution	25	(35)
<i>Enterobacter aerogens</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.11	(39)
<i>Enterobacter aerogens</i>	Methanolic Chloroform (1:1) and aqueous extracts of the whole plant	Disc diffusion	NE	(41)
<i>Enterococcus faecalis</i> 12697	Rottlerin	Antibacterial assay and broth dilution	0.001	(45)
<i>Enterococcus faecalis</i> 13379	Rottlerin	Antibacterial assay and broth dilution	0.002	(45)
<i>Escherichia coli</i>	Ethanol and aqueous extracts of fruits	Disc diffusion	NE	(46)
<i>Escherichia coli</i>	Methanolic Chloroform extracts	Disc diffusion	NE	(41)
<i>Escherichia coli</i>	Methanol extracts prepared from Bark	Disc diffusion assay	NE	(43)
<i>Escherichia coli</i>	Chloroform and Methanol (8: 2) fractions of bark	Cup-plate method	NE	(42)
<i>Escherichia coli</i>	Methanolic and Acetone extracts of fruits	Agar-well diffusion	NE	(47)
<i>Escherichia coli</i> (ATCC 29922)	Methanolic extracts of seeds	Disc diffusion, agar-well diffusion and agar dilution	12.5	(35)
<i>Escherichia coli</i> (MTCC 724)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Escherichia coli</i> NCTC 10418	Rottlerin	Antibacterial assay and broth dilution	0.512	(45)
<i>Escherichia coli</i> NCTC 10418	The Red compound	Antibacterial assay and broth dilution	0.256	(45)

Table 1. Continued

Bacteria	Part Used/Extract/Compounds	Methods	MIC (mg/mL)	Source
<i>Escherichia coli</i> (ATCC 25922)	Methanolic extracts of fruits	Disc diffusion and agar dilution method	15	(34)
<i>Escherichia coli</i> (ATCC 35218)	Methanolic extracts of fruits	Disc diffusion and agar dilution method	15	(34)
<i>Helicobacter pylori</i> (Japanese Clarithromycin resistant)	Ethanol extracts of Fruit hairs	E-test method	> 0.008	(48)
<i>Helicobacter pylori</i> (Japanese Metronidazole resistant)	Ethanol extracts of Fruit hairs	E-test method	> 0.256	(48)
<i>Helicobacter pylori</i> (Japanese Metronidazole sensitive)	Ethanol extracts of Fruit hairs	E-test method	0.0005	(48)
<i>Helicobacter pylori</i> (Pakistani Metronidazole-resistant)	Ethanol extracts of Fruit hairs	E-test method	>0.256	(48)
<i>Helicobacter pylori</i> (Pakistani Metronidazole sensitive)	Ethanol extracts of Fruit hairs	E-test method	0.00075	(48)
<i>Helicobacter pylori</i> ATCC 43504 (Clarithromycin resistant)	Ethanol extracts of Fruit hairs	E-test method	0.000125	(48)
<i>Helicobacter pylori</i> ATCC 43504 (Metronidazole resistant)	Ethanol extracts of Fruit hairs	E-test method	> 0.256	(48)
<i>Klebsiella pneumoniae</i>	Chloroform: Methanol (1:1) and Chloroform: Methanol (8:2 ratios) fractions of bark	Cup-plate method	NE	(42)
<i>Klebsiella pneumoniae</i> (ATCC 10031)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Klebsiella pneumoniae</i> 342	Rottlerin	Antibacterial assay and broth dilution	0.512	(45)
<i>Klebsiella pneumoniae</i> 342	The Red compound	Antibacterial assay and broth dilution	0.256	(45)
<i>Micrococcus luteus</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.07	(39)
<i>Micrococcus luteus</i> (ATCC 9341)	Dichloromethane and methanol (1:1, v/v) extracts of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Mycobacterium phlei</i>	Methanolic extracts of Bark	Disc diffusion	NE	(30)
<i>Mycobacterium smegmatis</i> (MTCC 6)	Ethyl acetate fraction of ethanolic extracts of leaves	Disc diffusion and broth dilution assay	0.125	(49)
<i>Mycobacterium smegmatis</i> (MTCC 994)	Ethyl acetate fraction of ethanolic extracts of leaves	Disc diffusion and broth dilution assay	0.25	(49)
<i>Mycobacterium tuberculosis</i> H37Ra	Ethanolic extracts of leaves	Disc diffusion, broth dilution assay and radiometric BACTEC assay	0.125	(49)
<i>Mycobacterium tuberculosis</i> H37Rv	Ethanolic extracts of leaves	Disc diffusion, broth dilution assay and radiometric BACTEC assay	0.25	(49)
<i>Mycobacterium tuberculosis</i> H37Rv	Methanol: dichloromethane (1:1) extracts flowers	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	NE	(50)
<i>Mycobacterium tuberculosis</i> H37Rv	Mallotophilippen F	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	0.016	(50)
<i>Mycobacterium tuberculosis</i> H37Rv	8-Cinnamoyl-2,2-dimethyl-7-hydroxy-5-methoxychromene	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	> 0.064	(50)
<i>Mycobacterium tuberculosis</i> H37Rv	Rottlerin	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	0.032	(50)
<i>Mycobacterium tuberculosis</i> H37Rv	Isorottlerin	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	> 0.128	(50)
<i>Mycobacterium tuberculosis</i> H37Rv	Red compound (8-cinnamoyl-5,7-dihydroxy-2,2,6-trimethylchromene)	Radio-respirometric measurement of <sup>14</sup> CO <sub>2</sub> from the oxidation of palmitic acid	0.064	(50)
<i>Pasteurella multocida</i>	Methanolic extracts of seeds	Disc diffusion, Agar-well diffusion and agar dilution	25	(35)
<i>Plesiomonas shigelloides</i> (ATCC 14029)	Methanolic extracts of fruits	Disc diffusion and agar dilution	20	(34)
<i>Proteus mirabilis</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.09	(39)
<i>Proteus</i> sp. P10830	Rottlerin	Antibacterial assay and broth dilution	0.512	(45)

Table 1. Continued

Bacteria	Part Used/Extract/Compounds	Methods	MIC (mg/mL)	Source
<i>Proteus vulgaris</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.08	(39)
<i>Proteus vulgaris</i>	Ethyl acetate fractions of the powdered whole plant	Agar-well diffusion	NE	(40)
<i>Proteus vulgaris</i>	Hexane, chloroform and ethanol stem extracts	Agar-well diffusion	NE	(51)
<i>Pseudomonas aeruginosa</i>	Methanolic extracts of fruit hairs and glands	Disc diffusion	NE	(52)
<i>Pseudomonas aeruginosa</i>	Ethanol and aqueous extracts of fruits	Disc diffusion	NE	(46)
<i>Pseudomonas aeruginosa</i>	Methanol extracts prepared from Bark	Disc diffusion assay	NE	(43)
<i>Pseudomonas aeruginosa</i>	Chloroform: Methanol (1:1) and Chloroform: Methanol (8:2 ratios) fractions of bark	Cup-plate method	NE	(42)
<i>Pseudomonas aeruginosa</i>	Methanolic and Acetone extracts of fruits	Agar-well diffusion	NE	(47)
<i>Pseudomonas aeruginosa</i>	Hexane, chloroform and ethanol stem extracts	Agar-well diffusion	NE	(51)
<i>Pseudomonas aeruginosa</i> (ATCC 27893)	Methanolic extracts of fruits	Disc diffusion and agar dilution	18	(34)
<i>Pseudomonas aeruginosa</i> (MTCC 741)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Pseudomonas aeruginosa</i> 10662	Rottlerin	Antibacterial assay and broth dilution	0.512	(45)
<i>Pseudomonas aeruginosa</i> 10662	The Red compound	Antibacterial assay and broth dilution	0.256	(45)
<i>Salmonella para typhi</i> A	Methanolic extract of fruit hairs and glands	Disc diffusion	NE	(52)
<i>Salmonella typhi</i>	Ethyl acetate fractions of the powdered whole plant	Agar-well diffusion	NE	(40)
<i>Salmonella typhi</i>	Methanolic Chloroform (1:1) and aqueous extracts of the whole plant	Disc diffusion	NE	(41)
<i>Salmonella typhi</i>	Chloroform: Methanol (1:1) and Chloroform: Methanol (8:2 ratios) fractions of bark	Cup-plate method	NE	(42)
<i>Salmonella typhi</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.095	(39)
<i>Salmonella typhi</i>	Methanolic extracts of fruit hairs and glands	Disc diffusion	NE	(52)
<i>Salmonella typhi</i>	Hexane, chloroform and ethanol stem extract	Agar-well diffusion	NE	(51)
<i>Salmonella typhi</i> (MTCC 3216)	Methanolic extracts of fruits	Disc diffusion and agar dilution	18	(34)
<i>Salmonella typhi</i> (MTCC 733)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Shigella flexneri</i> (ATCC 12022)	Methanolic extracts of fruits	Disc diffusion and agar dilution	20	(34)
<i>Staphylococcus aureus</i>	Methanolic extracts of the whole plant	Agar-well diffusion	0.085	(39)
<i>Staphylococcus aureus</i>	Ethanol and aqueous extracts of fruits	Disc diffusion	NE	(46)
<i>Staphylococcus aureus</i>	Methanol extracts prepared from Bark	Disc diffusion assay	NE	(43)
<i>Staphylococcus aureus</i>	Methanolic and Acetone extracts of fruits	Agar-well diffusion	NE	(47)
<i>Staphylococcus aureus</i> XU212	Rottlerin	Antibacterial assay and broth dilution	0.016	(45)
<i>Staphylococcus aureus</i> XU212	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> (ATCC 29737)	Dichloromethane and methanol (1:1, v/v) extract of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Staphylococcus aureus</i> MRSA 12981 (Methicillin-resistant)	Rottlerin	Antibacterial assay and broth dilution	0.002	(45)
<i>Staphylococcus aureus</i> MRSA 274829 (Methicillin-resistant)	Rottlerin	Antibacterial assay and broth dilution	0.002	(45)

Table 1. Continued

Bacteria	Part Used/Extract/Compounds	Methods	MIC (mg/mL)	Source
<i>Staphylococcus aureus</i> MRSA 346724	Rottlerin	Antibacterial assay and broth dilution	0.008	(45)
<i>Staphylococcus aureus</i> MRSA 774812	Rottlerin	Antibacterial assay and broth dilution	0.008	(45)
<i>Staphylococcus aureus</i> (Methicillin Sensitive)	Methanolic extract of Bark	Disc diffusion	NE	(30)
<i>Staphylococcus aureus</i> (MTCC 96)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Staphylococcus aureus</i> ATCC 25923	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> ATCC 25923	Rottlerin	Antibacterial assay and broth dilution	0.004	(45)
<i>Staphylococcus aureus</i> RN4220	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> RN4220	Rottlerin	Antibacterial assay and broth dilution	0.008	(45)
<i>Staphylococcus aureus</i> SA 1199B	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> SA 1199B	Rottlerin	Antibacterial assay and broth dilution	0.002	(45)
<i>Staphylococcus aureus</i> (ATCC 25323)	Methanolic extract of fruits	Disc diffusion and agar dilution	15	(34)
<i>Staphylococcus aureus</i> -15 (Epidemic Methicillin-Resistant)	Rottlerin	Antibacterial assay and broth dilution	0.016	(45)
<i>Staphylococcus aureus</i> -15 (Epidemic Methicillin-Resistant)	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> -16 (Epidemic Methicillin-Resistant)	Rottlerin	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> -16 (Epidemic Methicillin-Resistant)	The Red compound	Antibacterial assay and broth dilution	0.032	(45)
<i>Staphylococcus aureus</i> (Methicillin Resistant)	Methanolic extract of Bark	Disc diffusion	NE	(30)
<i>Staphylococcus epidermidis</i> (ATCC 12228)	Dichloromethane and methanol (1:1, v/v) extract of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Staphylococcus pneumoniae</i>	Ethyl acetate fractions of the powdered whole plant	Agar-well diffusion	NE	(40)
<i>Streptococcus faecalis</i> (MTCC 8043)	Dichloromethane and methanol (1:1, v/v) extract of fruit Glandular hairs	Agar dilution streak	NE	(37)
<i>Streptococcus pneumoniae</i>	Hexane, chloroform and ethanol stem extract	Agar-well diffusion	NE	(51)
<i>Streptococcus pneumoniae</i> (MTCC 655)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Vibrio parahaemolyticus</i> (MTCC 451)	The acetone extracts of fruits	Agar-well diffusion	NE	(44)
<i>Vibrio</i> species	Hexane, chloroform and ethanol stem extracts	Agar-well diffusion	NE	(51)
<i>Yersinia pestis</i>	Methanolic and Acetone extracts of fruits	Agar-well diffusion	NE	(47)

reduced activity of NADPH oxidase (60). Furthermore, the anti-oxidant activity may also result from increased levels of enzymes such as superoxide dismutase (SOD) and catalase. This can be evidenced from the study, where 200 mg/kg of the methanolic extracts of leaves have exhibited their anti-oxidant effect by significantly increasing the levels of enzymatic (SOD and Catalase) and non-enzymatic biological anti-oxidants in the liver (61,62).

There are little pieces of evidence of strong anti-oxidant activity of the plant and its extracts. Therefore, further studies should essentially include *in vivo* experiments rather than commonly used *in vitro* anti-oxidant assays. Although initial studies have indicated potential anti-oxidant activity of this plant, the specific compounds responsible for anti-oxidant activity and their mode of action are still unclear. Therefore, such studies need to be visited again and confirm if such properties really possessed by this tree.

#### Anti-inflammatory activity

As discussed earlier, some local people use leaves and seeds powder to get relief from rheumatism and associated joint pain. This use indicates the anti-inflammatory and immunoregulatory potential of the tree. When tested against different rat experimental models, methanol, ethanol and acetone extracts of fruits have shown encouraging results (63-65). For example, the ethanolic extract of fruit hairs significantly decreased the rat paw oedema induced by carrageenan and formalin (65) while ethyl acetate fraction of methanol extract reduced granuloma formation in carrageenan-induced paw oedema and cotton pellet induced granuloma method (64). A patent has been filed for antiallergic effects of phloroglucinol containing compositions prepared from fruit pericarps of this tree (66).

The acetone extract of the fruits has mallotophilippen (A, B, C, D and E) which are responsible for the inhibition of nitric oxide (NO) production induced by interferon- $\gamma$  (IFN- $\gamma$ ) and inhibition of histamine release from rat peritoneal mast cells (65,67). Further, Mallotophilippen C and D achieve their actions by inhibiting inducible nitric oxide synthase (iNOS), cyclooxygenase-2 (COX-2), interleukin-6 (IL-6), and interleukin-1 $\beta$  (IL-1 $\beta$ ) mRNA expression (67). In addition, a flavanone [7, 4'-Dihydroxy-3'', 3''-Dimethyl - (5, 6-Pyrano-2''- One) - 8-(3'', 3''-Dimethyl Allyl)- flavanone] isolated from the plant remarkably lowered the serum cytokine (TNF- $\alpha$ , IL-6 and IL-1) levels and increased the activities of catalase and glutathione peroxidase in paw tissue (64).

Another compound isolated from the plant, rottlerin, also possessed the anti-allergic activity and blocks IgE-mediated immediate release of  $\beta$ -hexosaminidase from mast cells in a concentration-dependent manner. It also inhibited IgE-induced phosphorylation of proteins,

production of IP3 and raised in cytosolic Ca<sup>2+</sup> level in mast cells (68). Similarly, a minimum dose of 10 mg/kg of 11-O-galloylbergenin was significantly effective in reducing the carrageenan-induced paw oedema, but its mechanism of action is still not clear (69).

#### Anti-cancer activity

In the 1950s the fruit hairs extracted in hydrochloric acid showed tumour damaging effect in mice with Sarcoma 37 tumour (70). This was one of the initial reports of anti-cancerous activity of this plant. More recently, fruit hairs extracted in 95% ethanol has shown cytotoxic activity against as many as 14 cancer cell lines. Further, the chloroform fraction of this extract was effective to inhibit the growth of several human cancer cell lines at a concentration of 100  $\mu$ g/mL (71). On the other hand, hexane extract of the root possessed the significant anti-leukemic activity and induced apoptosis when tested against human promyelocytic leukaemia (HL-60) cells (72). GC-MS analysis of this extract revealed the presence of polyphenolic compounds which were responsible for inhibited proliferation and induced apoptosis. Similarly, the compound 3 $\alpha$ -hydroxy-D: Afriedooleanan-2-one isolated from the stem bark was identified to possess the anti-tumour activity (73) while another compound, 4'-hydroxyrottlerin (100 mg/mL) possessed antiproliferative activity and showed 54% growth inhibition of Thp-1 leukaemia cell lines (74). Furthermore, a semisynthetic preparation of Mallotus B (isolated from the plant) has been reported to arrest cell cycle at the G1 phase and causing apoptosis among cancer cell lines (MIAPaCa-2 and HL-60 cells), thus exhibited anti-cancer activity (75).

#### Rottlerin and Cancer

Rottlerin regulates multiple signalling pathways to suppress tumour cell growth in different types of cancer cells, however, complete mechanisms are still unclear (reviewed by Maioli et al). The rottlerin induced apoptosis can either follow intrinsic or extrinsic pathways of cell death depending on cancer cell type. It is usually speculated that the antitumor activity of rottlerin is due to its ability to inhibit a class of protein kinases namely protein kinase C (PKC $\delta$ ) which have a protective role against apoptotic cell death. However, there is evidence available for PKC $\delta$ -independent cell death by rottlerin via mitochondrial uncoupling. The inhibition of PKC $\delta$  by rottlerin is achieved by activation of caspase-3, which cleaves PKC $\delta$  and prevents its translocation through the membrane (76). However, these findings need to be revisited as rottlerin seems no more a selective inhibitor of PKC $\delta$  (77).

In addition to apoptotic pathways, rottlerin also induces autophagy through different mechanisms. Rottlerin inhibits PKC $\delta$  which regulates the transglutaminase 2

(TG2) expression. This PKC $\delta$ /TG2 inhibition down-regulates targets like the phosphorylated mammalian target of rapamycin (mTOR), nuclear factor  $\kappa$ B (NF $\kappa$ B) and Bcl-2 to promote autophagy. However, inhibition of NF $\kappa$ B might also be due to the activation of the AMPK pathway induced by rottlerin. Further, the anti-metastatic effects of rottlerin are again attributed to PKC $\delta$  inhibition, though it may reduce cell motility and cell adhesion independent of PKC $\delta$  (76).

In MDA-MB-231 human breast cancer cells, rottlerin activates p38 Mitogen-activated protein kinase (MAPK) signalling pathway which enhances the expression of IL-1 $\beta$ -induced COX-2. Moreover, rottlerin also increased the expression of COX-2 induced by multiple reagents like tumour necrosis factor- $\alpha$  (TNF- $\alpha$ ), phorbol myristate acetate and lipopolysaccharide (78). At the molecular level, it is speculated that the induction of autophagy and apoptosis by rottlerin may be achieved by PI3K/Akt/mTOR and AMPK signalling pathways because rottlerin is involved in the expression of many autophagy associated proteins especially Atg7 and Beclin-1 in prostate cancer stem cells (79). Another study showed that the inhibition of calmodulin-dependent protein kinase III prevented cellular growth and induced cytotoxicity in glioblastoma cell lines. Further, rottlerin down-regulates the expression of Cdc20 (cell-division-cycle protein 20) which is constitutively active in glioma cells (80). In pancreatic cancer cells, rottlerin significantly reduced the expression of Skp2 (S-phase kinase-associated protein 2), which was associated with human malignancies, indicating that Skp2 could be a potential target of rottlerin (81).

#### Anti-tuberculosis activity

*Mycobacterium tuberculosis* Zopf 1883 (*Mtb*) is naturally resistant to several drugs and antibiotics because of its unique cell wall structure which is neither gram-positive nor completely gram-negative (82). This is why it is hard to treat and traditional use of leaves and fruits for tuberculosis has opened a new window for researchers to test and validate its potential use. Primarily, ethanolic extracts of leaves and fruits have been tested and the results were encouraging. The ethyl acetate fraction of the ethanolic extract was effective at a MIC of 0.05 mg/mL as revealed by radiometric BACTEC assay (49). More recently, the ethanolic extracts of fruits are also reported to inhibit the growth of MDR strains of *Mtb* that are clinically isolated from the sputum of patients suffering from pulmonary tuberculosis. Interestingly, the resazurin microtiter plate assay showed that these MDR strains of *Mtb* (62.5  $\mu$ g/mL) were more susceptible as compared to *Mtb* H37Rv (250  $\mu$ g/mL). However, these extracts were not effective against human THP-1 macrophages at similar concentrations (83). Further, mallotophilippen F (8-cinnamoyl-5, 7-dihydroxy-2, 2-dimethyl-6-geranylchromene) and Red compound were identified as the active phytoconstituents

for anti-tuberculosis activity against the H37Rv strain of *Mtb* at a MIC of 16  $\mu$ g/mL and 64  $\mu$ g/mL, respectively (50). Thus, there is a scope of developing drugs for tuberculosis based on this medicinally important tree.

#### Hepato-protective activity

As mentioned earlier, seed powder is traditionally used to treat jaundice by some indigenous communities. Several drugs including paracetamol may cause damage to liver-cells and interfere with the normal functioning of the hepatic system of the body. Often hepato-toxicity is associated with increased levels of malondialdehyde, bilirubin and decreased activity of enzymes such as serum glutamic oxaloacetic transaminase (SGOT), serum glutamic pyruvic transaminase (SGPT) and serum alkaline phosphatase (SALP). Methanolic extracts of leaves were tested for hepato-protective activity against CCl<sub>4</sub>-induced hepatotoxicity and oxidative stress. The extracts significantly reversed the CCl<sub>4</sub>-induced changes in biochemical, functional, histological and anti-oxidant parameters of hepatotoxicity. A dose of 200 mg/kg of the extracts significantly reduced the sleep time, increased the levels of enzymes SGOT, SGPT, SALP in addition to bilirubin and protein content (61,62). Furthermore, there was a significant increase in the levels of enzymatic (SOD and catalase) and non-enzymatic biological anti-oxidants in liver indicating that anti-oxidant property may also be a responsible factor for hepato-protective activity (61,62). However, no specific chemical compound was identified and characterised for hepato-protective activity so far from this particular plant.

#### Wound healing activity

As discussed in the previous section, many local communities still employ traditional formulations prepared from fruits, bark and the whole plant for treating wounds. There is evidence available for wound healing activity of bark and fruits extracts of this plant. For instance, the ethanolic extract of bark enhanced the mobilization of mesenchymal stem cells towards the wounded areas possibly due to the effects of Cinnamtannin B-1 in a diabetic mouse model (84). Similarly, the bark extracted in aqueous ethanol had the ability to attract mesenchymal stem cells thus effective against tissue injuries and this potential of the tree was granted a patent also (85). Another study showed that the fruit glandular hair extracts stimulated collagen synthesis, anti-oxidant effects through peroxidase enzymes and inflammatory cytokines in rats (86). Thus, it seems that it has the potential to effectively heal wounds, though specific potent compounds that have not been isolated and developed, yet.

#### Anti-parasitic activity

The traditional use of different components of this tree to treat various skin ailments caused by common parasites

indicates its anti-parasitic activity. The broad-spectrum anti-parasitic activity of several phytoconstituents isolated from different parts of the plant supports these traditional uses. For example, Kamalachalcone E and 1-(5,7-Dihydroxy-2,2,6-trimethyl-2H-1-benzopyran-8-yl)-3-phenyl-2-propen-1-one, both exhibited good antifungal activity against *Cryptococcus neoformans* PRL518, *C. neoformans* ATCC 32045 and *Aspergillus fumigatus* NCIM 902 (74). Two chalcone derivatives, Mallotoate A and Mallotoate B were isolated from ethyl acetate fraction of methanolic extracts using chromatographic techniques. Both compounds (mallotoate A and mallotoate B) have shown significant fungicidal activities against *Cladosporium cladosporioides* in TLC bio-autography method (87). Similarly, Bergenin and 11-O-galloylbergenin isolated from aqueous fractions of ethanolic extracts of stem wood exhibited good anti-plasmodial activity against Chloroquine sensitive strain of *Plasmodium falciparum*. However, the *in silico* molecular docking analyses using *P. falciparum* proteins PfLDH and Pfg27 indicated that 11-O-galloylbergenin had high docking score and binding affinity to both protein receptors as compared to Bergenin (55). Moreover, rottlerin potently inhibited the growth of *Toxoplasma gondii* (88), *Chlamydia* (89), several resistant bacterial strains (45), and some clinical *H. pylori* isolates (48). Furthermore, rottlerin and the red compound (100 mg/mL) significantly inhibited the conjugal transfer of plasmids pKM101, TP114 and pUB307 amongst *Escherichia coli* without binding directly to plasmid DNA (45). Thus, there is good evidence of anti-parasitic activity of phytochemicals isolated from this tree. These compounds can offer drug discovery and development opportunities for the upcoming future.

#### Analgesic activity

Bark, fruit and leaves are used to treat pain by various ethnic groups as described earlier and only a few studies have tested this potential of the tree. For example, ethanolic extract of fruit hairs was reported to significantly increase both pre- and post-drug pain reaction time in Tail flick method and hot plate test. Moreover, the extract has shown significant antinociceptive activity in terms of the significant decrease in acetic acid-induced writhes (63). The probable active constituent for analgesic activity can be 11-O-galloylbergenin, which has been shown to be effective against the formalin test in rats at the doses of 20 and 40 mg/kg (69). These studies have provided some shreds of evidence of analgesic activity; however, modern *in vitro* and *in vivo* assays may be implicated to produce more authentic evidence in order to develop it as a novel drug.

#### Anti-urolithiatic activity

Kamala fruits are used for the treatment of kidney stones in Indian folklore (90). A traditional Ayurvedic preparation is known as the *Vidangadi churna* also contains Kamala as

one of its major constituents. This formulation has been claimed to possess anti-urolithiatic activity (91). Although well-replicated experiments using *in vivo* methods are still lacking. However, a probable mechanism of action may involve disruption of oxalate/calcium oxalate-induced signalling pathways of oxidative stress. This can be achieved by rottlerin, an active constituent of the plant, which has the ability to quench free radicals. A study conducted on male Wistar rats has shown that rottlerin can potentially prevent stone formation in kidneys probably involving the above mechanism (60).

#### Anti-viral activity

There is only a single study available in literature where the anti-viral activity of this plant has been tested. The methanolic extract of the bark has considerably reduced the infectivity of the Sindbis virus and human poliovirus-1 at concentrations of 200 µg/mL and 50 µg/mL, respectively. However, the same extract inactivated the Herpes simplex virus-1 at 100 µg/mL in the dark whereas it was only partially active at concentration of 50 µg/mL in the presence of UV-A radiation and at a concentration of 25 µg/mL in dark and visible light (92). Initial results of this study indicate that the tree may have the potential to cure viral diseases which demand further investigations for exploration of this property.

#### Toxicological reports

Although Kamala has not been reported to be toxic for human beings so far, it has been shown to reduce fertility in several animals like goats, pigs and rats. However, the first toxicity report was published in 1960, where it was shown that ethereal extracts of the plant interfere with pregnancy and implantation in rats and guinea pigs (93). Subsequently, rottlerin was identified as the active compound responsible for the reduced pregnancy in these animals (94). Later, it was speculated that the altered oestrous cycle (including follicular development, ovulation and corpora lutea formation) and pregnancy in rats caused by the ethereal extracts of seeds were primarily due to the reduction in serum level hormones like FSH, LH and estradiol (95). On the other hand, the Kamala powder, its water or methanol extracts and even the glycosides and Nilzan<sup>®</sup> produced transitory diarrhoea and restlessness, which vanished in a few hours in naturally cestode-infected Beetal goats (96). Traditional fishermen of Chitwan district of Nepal, use the bark of the tree to kill fishes. This toxicity was validated on grass carp (*Ctenopharyngodon idella*) fingerlings using water as control where 0.23% (w/v) extract killed 50% fishes in 2 hours (97). However, the active compound and mechanism of action are yet to be investigated. In case of human beings, only the pollen antigens of the tree induce skin reactivity and skin sensitivity in patients residing in the foothills of the Himalayas (98) and from other parts of India (99).

## Phytochemistry

The earlier section has shown that almost all parts of the tree are gifted with more than one kind of biological activity, if not many. However, crude extracts usually contain diverse chemical constituents and not all the active components are extracted in a single solvent. Therefore, it is imperative to identify the specific chemical constituent responsible for a particular pharmacological activity. In the present section, various phytoconstituents that can be extracted from different parts of the tree, are discussed in brief and in the last subsection, artificial synthesis of major chemical constituents is also highlighted.

## Phytoconstituents

The phytochemistry and pharmacology of Vietnamese *Mallotus* have been already comprehensively reviewed (9) and these are summarised in Table 2. Kamala oil obtained from the seeds contains unsaturated fatty acids  $\alpha$ - and  $\beta$ -kamlolenic acid (18-hydroxy- $\Delta$  9 cis,11 trans,13 trans-octadecatrienoic acid) with small amounts of linoleic, oleic and eicosenoic acid. A patent has also been granted for the isolation of  $\alpha$ -kamlolenic acid from the fatty acids of the seed oil of Kamala using alcoholic potash and its transformation to  $\beta$ -kamlolenic acid has been achieved by dissolving in a mixture of petrol ether and iodine crystals (100). The saturated fatty acids consist mostly of myristic acid, palmitic acid and stearic acid (101,102). The fermented seeds also have cardenolides, corotoxigenin, coroglucigenin and L-rhamnoside derivatives (103) (Figure 2).

The heartwood and stem bark yield several pentacyclic triterpenoids (Figure 2). The lupane type triterpenoids include betulin, betulin-3-acetate, lupeol and lupeol acetate (73,104). Friedelane type triterpenoids yielded from chloroform and petrol extract of stem bark are friedelin, 2 $\beta$ -hydroxy-D: A-friedooleanan-3-one; 3-hydroxy-D: A-friedooleanan-3-en-2-one and; 3 $\alpha$ -hydroxy-D: A-friedooleanan-2-one (73,105). Other triterpenoids yielded from the wood and bark include acetylaleuritic acid (Figure 2),  $\alpha$ -amyrine (104), 3 $\beta$ -acetoxy-22 $\beta$ -hydroxyolean-18-ene and kamaladiol (105). Moreover, steroids like  $\beta$ -sitosterol, daucosterol (104), and isocoumarins bergenin and 11-O-galloylbergenin were also reported from the wood and bark of the tree (55,104,106).

As many as 15 different types of tannins and related compounds were isolated from leaves of the tree (106) (Figure 3). Fruits are rich in phytochemicals including phenolic compounds, flavonoids, phloroglucinol derivatives, chalcone derivatives and several others. So far, five chalcone derivatives known as kamalachalcones (A, B, C, D and E) have been reported from fruit powder (74,107,108) (Figure 4). Another characteristic class of compounds called as Mallotophilippens (A, B, C, D, E and F) were isolated and characterised from the fruits of the tree (50,65,67,109) (Figure 5). Recently, bilariciresinol

was isolated for the first time from the leaves, along with platanoside, isovitexin, dihydromyricetin, bergenin, 4-O-galloylbergenin and pachysandiol A (110).

The major constituents of Kamala are phloroglucinol derivatives rottlerin, 4'-hydroxyrottlerin, isorottlerin, 4'-hydroxy-isorottlerin, isoallorottlerin, Red and Yellow compounds (also known as Kamalins) which are present chiefly in fruit powder known as Kamala (48, 50,74,108,111,112) (Figure 6). Moreover, Flavanones like 5, 7-dihydroxy-8-methyl-6-prenylflavanone; 6, 6-dimethylpyrano (2'', 3'': 7, 6)-5-hydroxy-8-methyl flavanone (108), 3'-prenylrubranine (48) (Figure 7) and 8-cinnamoyl-2, 2-dimethyl-7-hydroxy-5-methoxychromene were also isolated from the flowers and fruits of the tree (50). Thus, most of the phytochemicals have been isolated and characterised from the fruits (21%), followed by leaves (13%), bark (12%), seeds (11%), wood (6%) and flowers (3%).

## Synthesis of phytoconstituents in laboratory

Several attempts have been made for isolation and synthesis of the biologically active chemical compounds that are naturally present in the tree (109,113-115). The first total synthesis of mallotophilippen C was achieved from phloracetophenone (109) whereas mallotophilippen C and E might also be synthesized from 2, 4, 6-trihydroxyacetophenone (113). Synthetic approaches have also been described for isolation and synthesis of mallotophilippens D and F, Red compound, and their unnatural derivatives from organic extracts (114).

A semisynthetic preparation of mallotus B, a prenylated dimeric phloroglucinol compound isolated from the tree has also been achieved via base mediated intramolecular rearrangement of rottlerin (75). Recently, the total synthesis of rottlerin was achieved in the longest 8 linear steps with 20% overall yield (115). However, more efficient isolation and synthesis are still required for industrial-level production of these medicinally active compounds.

## Conclusion

The pharmacological activities and isolation of active phytochemicals scientifically validate and support the traditional uses of this particular plant. So far, more than 50 phytochemicals have been identified and tested for about 12 types of *in vitro* pharmacological activities from the crude extracts of the plants. Rottlerin and mallotophilippens have emerged as the potential active compounds that can be transformed into effective drugs for future prospects. The pharmacological activities of rottlerin and its mechanism of action are still under investigation. Laboratory synthesis of these active chemicals have been attempted; however, the yield is very low, therefore further efforts are still needed.

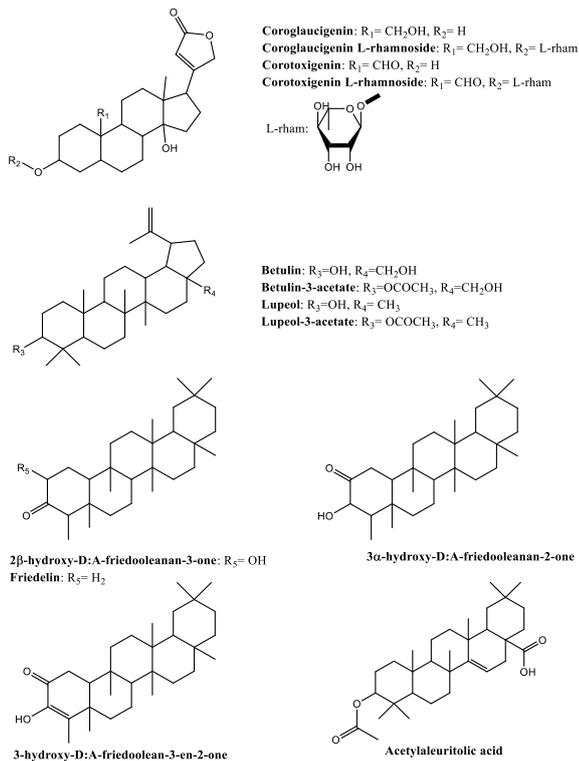
Despite some recent advances about the pharmacology and phytochemistry of this tree, several knowledge

**Table 2.** Various Phytoconstituents reported from *Mallotus philippensis* (Lam.) Müll. Arg. tree

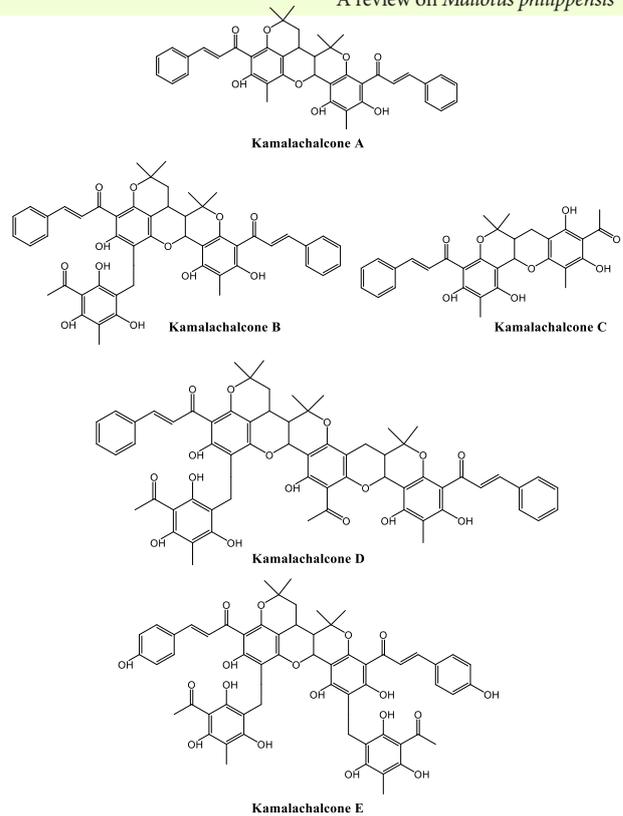
Category	Source parts	Phytoconstituent (PubChem CID)	Reference
Cardenolides			
Cardiac glycosides	Seeds	Coroglaucigenin (12302399); Corotoxigenin (12302397); Coroglaucigenin L-rhamnoside; Corotoxigenin L-rhamnoside;	(103)
Triterpenoids			
Lupane-type	Stem bark	Betulin (72326);	(73)
Lupane-type	Heartwood	Betulin-3-acetate (479957);	(104)
Lupane-type	Heartwood	Lupeol (259846);	(73,104)
Lupane-type	Heartwood	Lupeol acetate (92157);	(104)
Friedelane-type	Stem bark	Friedelin (91472);	(73,105)
Friedelane-type	Stem bark	2 $\beta$ -hydroxy-D: A-friedooleanan-3-one; 3-hydroxy-D: A-friedoolean- 3-en-2-one; 3 $\alpha$ -hydroxy-D: A-friedooleanan-2-one;	(73)
Pentacyclic triterpenoids	Bark	Acetylaleuritic acid (161616);	(104)
Pentacyclic triterpenoids	Stem bark	Kamaladiol; 2 $\beta$ -acetoxy-22 $\beta$ -hydroxy olean-18-ene or Kamaladiol-3-acetate;	(105)
Ursane type	Bark	$\alpha$ -amyrine (73170)	(104)
Flavonoids			
Chalcone derivative	Fruits	Kamalachalcone A; Kamalachalcone B;	(107,108)
Chalcone derivative	Fruits	Kamalachalcone C (101721039); Kamalachalcone D (101721040);	(108)
Chalcone derivative	Fruits	Kamalachalcone E	(74)
Phloroglucinol derivatives (Kamalins)	Fruits	Rottlerin (5281847)	(50,74,108,112)
Phloroglucinol derivatives	Fruits	4'-hydroxy-isorottlerin (5318333)	(74,108)
Phloroglucinol derivatives	Fruits	Isoallorottlerin	(48,50,108,112)
Phloroglucinol derivatives	Fruits	Isorottlerin (5318656)	(48,50,108)
Phloroglucinol derivatives	Fruits	Red compound (85441307); Yellow compound; Methylene-bis-methyl phloro acetophenone;	(112)
Phloroglucinol derivatives	Fruits	Mallotophilippen A (10185281); Mallotophilippen B (10205431);	(65)
Chalcone derivatives	Fruits	Mallotophilippen C (10050581); Mallotophilippen D (9983046); Mallotophilippen E (10458296)	(67,109)
Chromene derivatives	Flowers	Mallotophilippen F	(50)

Table 2. Continued

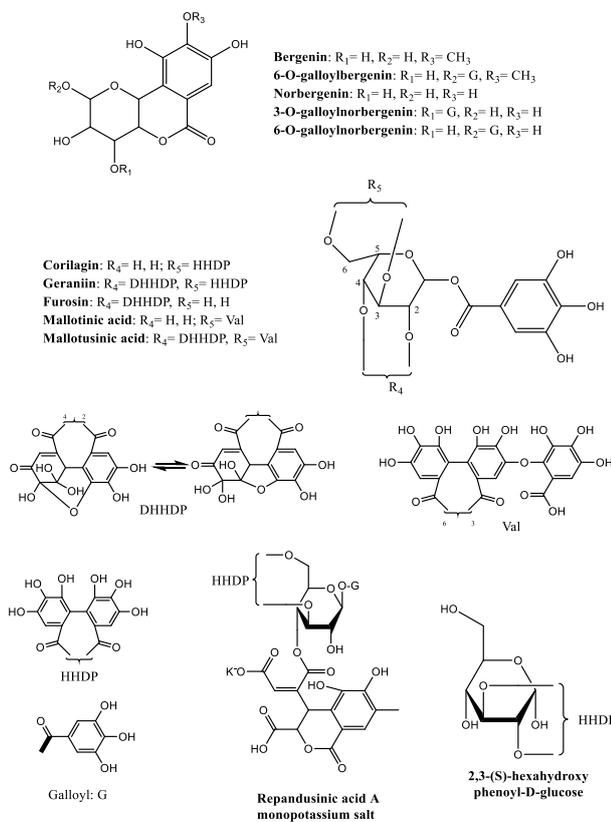
Category	Source parts	Phytoconstituent (PubChem CID)	Reference
Chromene derivatives	Flowers	8-cinnamoyl-2,2-dimethyl-7-hydroxy-5-methoxychromene; 8-cinnamoyl-5,7-dihydroxy-2,2,6-trimethylchromene (Red Compound) (85441307)	(45,50)
Flavanones	Fruit powder Kamala	5, 7-dihydroxy-8-methyl-6-prenylflavanone (42607875);	(48,108)
Flavanones	Fruit powder Kamala	6, 6-dimethylpyrano (2'', 3'': 7, 6)-5-hydroxy-8-methylflavanone;	(108)
Flavonoid	Fruits	Red Compound (85441307);	(48,74)
Flavonoid	Fruits	3'-prenylruberone (42607682);	(48)
Phenolic Compounds			
Isocoumarins	Heartwood, bark and leaves	Bergenin (66065);	(55,104,106)
Isocoumarins	Stem wood	11-O-Galloylbergenin (56680102);	(55)
Tannins	Leaves	6-O-Galloylbergenin; Norbergenin (73192); 3-O-galloylnorbergenin; Tergallic acid dilactone; Corilagin (73568); Geraniin (3001497); Furosin (10416810); Mallotinic acid (10056140); Mallotusinic acid (16131237); Flavogallonic acid (71308199); Brevifolin carboxylic acid (9838995); 2,3-(S)-hexahydroxy diphenoyl-D-glucose; Repandusinic acid A monopotassium salt;	(106)
Fatty acids	Seeds	$\alpha$ -Kamlolenic acid (5282949); $\beta$ -Kamlolenic acid (5282950);	(101,102)
	Seeds	Linolenic acid (5280934); Oleic acid (445639); Eicosenoic acid; Palmitic acid (985); Stearic acid (5281);	(101)
Steroids	Heartwood and Bark	$\beta$ -Sitosterol (222284);	(104)
	Bark	Daucosterol (5742590);	(104)



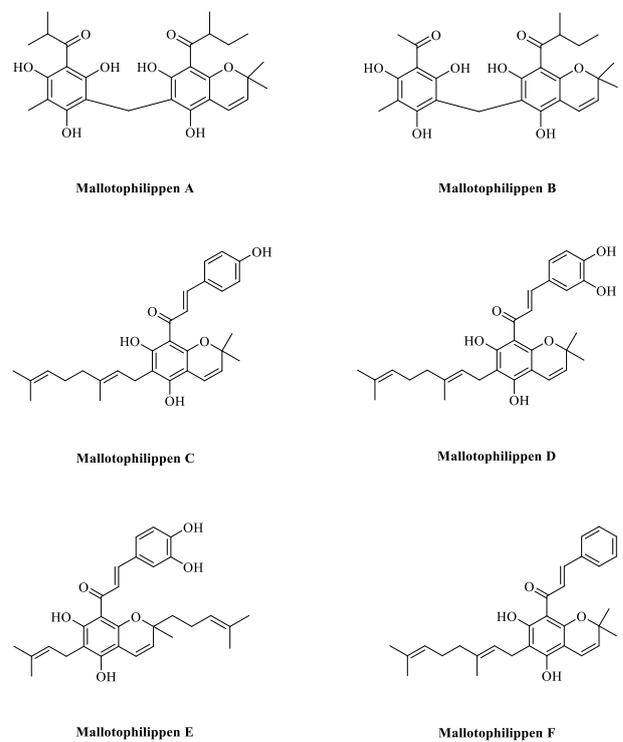
**Figure 2.** Chemical structures of cardenolides and triterpenoids isolated from this tree.



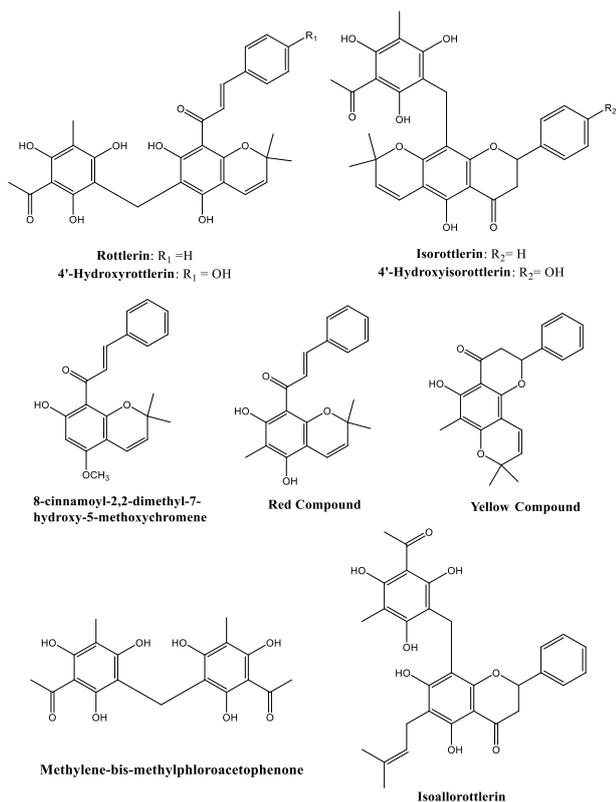
**Figure 4.** Chemical structures of kamalachalcones isolated from this tree.



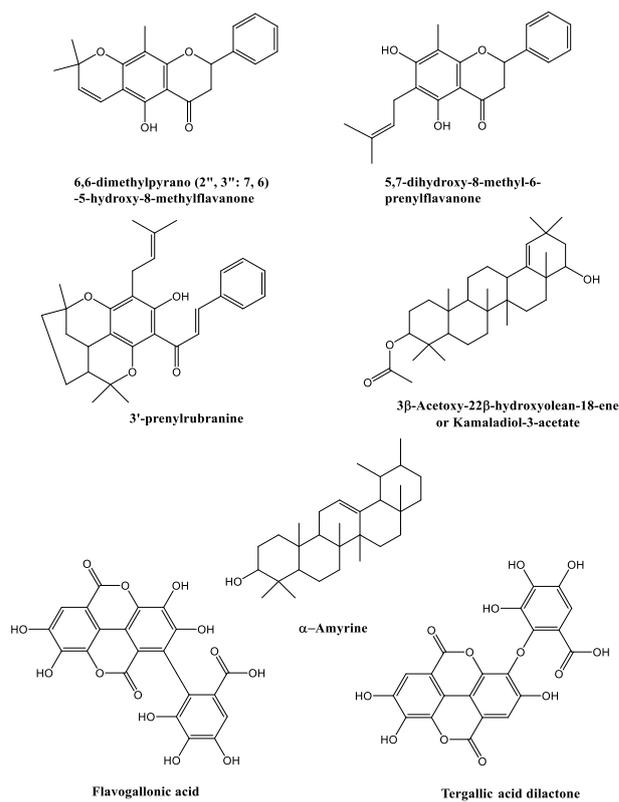
**Figure 3.** Chemical structures of tannins isolated from this tree.



**Figure 5.** Chemical structures of Mallotophilippen isolated from this tree.



**Figure 6.** Chemical structures of major phloroglucinol derivatives (kamalis) isolated from this tree.



**Figure 7.** Chemical structures of some flavonoids, triterpenoids and tannins isolated from this tree.

gaps and shortfalls are identified. Only a few studies tested pharmacological activities *in vivo* and most of the reported data is based on *in vitro* studies. Further, the majority of studies have used crude extracts and there is need to identify the active chemicals, their mode of action and mechanisms in order to develop novel drugs. Several pharmacological studies still used primitive crude methods to assess the biological activities (disc diffusion, agar-well diffusion assays for antibacterial activity and DPPH, reducing power assay, total anti-oxidant capacity assays for anti-oxidant activities). Although these methods can be useful for initial screening of extracts, they can be sometimes misleading and non-specific. Furthermore, many studies reporting antibacterial potential have not evaluated MIC for the extract, therefore, their efficacy is not clear. Thus, more sophisticated and advanced techniques may be included for validation and reconfirmation of these biological activities *in vitro* followed by proper trial using human-disease based models. In addition, data on toxicological activities of the tree is deficient and often neglected, and long-term safety concerns are not clear.

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### Authors' contribution

All authors have equally contributed to the literature survey and collected the data from the various published articles to be included in the manuscript. AK chiefly drafted the final version of the manuscript and prepared all the figures and chemical structures. MP prepared all the tables and arranged references for the manuscript. PK contributed the photographs of the tree. RK, NKS and ANS conceptualized and drafted the initial version of the manuscript. PK, RCB, RK and NKS critically read and suggested important revisions for the manuscript. ANS supervised and monitored the progress of the manuscript. All authors have read, given feedback and approved the final manuscript for publication.

### Conflict of interests

Authors declare no conflict of interests.

### Ethical considerations

Ethical issues regarding authorship, data acquisition, review and analysis have been carefully observed by authors.

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